

BLUE

FRED. OLSEN SPECIAL 2024

Horizons

VOTED 'NO. 1 MONTHLY CRUISE MAGAZINE' BY ALL LEADING CRUISE LINES

**NO-FLY SMALL SHIP
CRUISING** FROM ONLY
£879^{PP}

**EXCLUSIVE
FARES FOR BLUE
HORIZONS'
READERS**



**BRAND-NEW
HAND-CRAFTED
ITINERARIES INSIDE**



CELEBRATING OVER
25 YEARS
OF EXCELLENCE



WELCOME

TO OUR FRED. OLSEN SPECIAL EDITION OF BLUE HORIZONS



Our partnership with Fred. Olsen is very special to ROL; we have worked very closely for many years now and we can wholeheartedly recommend the cruises they very proudly offer. Proud to say they have 175 years of experience; their ambition is to make every single day special when you are on board. The intimate feel on board creates a wonderful atmosphere where the crew are only too happy to look after you. With a fleet of smaller ships, Fred. Olsen pride themselves on being able to get closer to the destination and strive to reach the most interesting places. In this collection you will see what we mean as there is a huge variety of destinations included, starting with their Grand Voyages on pages 06-09. As many of you will know, there are few opportunities available to travel to South America and Antarctica without having to set foot on a plane!

If that all sounds a bit cold for you then you might be tempted by the warmer waters of the Caribbean in the incredible brand-new itinerary on pages 14-15. This really is a spectacular itinerary on board

Balmoral from Southampton and offers the chance to explore the spectacular Caribbean Islands and enjoy some winter sun in 2025.

The no-fly opportunities are endless in this edition, with sailings to the stunning Dalmatian Coast, Scandinavia and the Baltic Cities and the Fjords for 2025. Plus, we have included the sale event from page 26 if you wanted to look at booking something for 2024.

Whatever you are interested in, please call our knowledgeable Cruise Consultants for more information and they will be more than happy to help.

Happy Cruising!



Rosie and Sarah

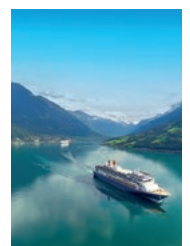
CONTACTS

ROL Cruise,
Lexden House,
London Road, Lexden,
Colchester, CO3 4DB

Reservations: 0808 239 8070
Client Services: 0800 121 6191
Administration: 0800 121 6195
Finance/Payments:
0800 121 6192

Client Services Overseas: 0044 1206 719103
Design: Hughes & Co Design
Blue Horizons Editor: Christina Green
Blue Horizons Team: Shelby Hill &
Hannah Finnis

Cover Image:
Bolette
cruising Norway



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Competition Time

Here at ROL Cruise we hope that you enjoy competitions as much as we do!

Below, you will find 10 questions to test your knowledge. If you can answer all 10 correctly, then you will be in with a chance of winning an **EXCLUSIVE Fortnum & Mason Gift!** The answers can be found throughout this edition.

Simply email us at **competitiontime@rolcruise.co.uk** along with your name and answers for your chance to win!

1. Fred. Olsen are so confident that you will enjoy the way they cruise, they will make you a promise. What is this promise called?
2. What is Martin Lister's favourite itinerary?
3. If you wanted to try our featured Fred. Olsen recipe, how much paprika would you need?
4. What is the Spanish name for the savoury pastries eaten in Cartagena, Colombia?
5. On *Bolette's* grand world voyage, how many nights would you spend in Sydney, Australia?
6. On which Fred. Olsen ship can you spend 57 nights in the Mediterranean?
7. Taking Traditional afternoon tea on board a Fred. Olsen ship is a delightful experience, but from which Lounge would you enjoy the view if you opt for Premium afternoon tea?
8. Which type of cabin enjoys direct access to the Promenade Deck and designated sun loungers?
9. As part of Fred. Olsen's signature experiences, which wildlife charity will accompany you on a scenic voyage of the British Isles on 22nd July 2024?
10. Fred. Olsen depart from a number of home ports, can you name the only Scottish port?

Correct entries must be submitted by 30th April 2024 for a chance to win. One lucky entrant will be chosen at random. Good luck!



BE CONFIDENT TO CRUISE - ABTA & ATOL PROTECTED



HERE WHEN YOU NEED US - 7 DAYS A WEEK



INSURANCE GUIDANCE



FLEXIBLE PAYMENT OPTIONS AVAILABLE



4 REASONS TO CHOOSE FRED. OLSEN CRUISE LINES

1. SMALLER SHIPS

Fred. Olsen are incredibly proud of their fleet of three smaller ships; *Bolette*, *Borealis* and *Balmoral*. Never sailing with more than 1,360 guests on board, each has been elegantly designed and they all look and feel like ships (not hotels or holiday resorts); with wide open deck spaces as well as lounges and restaurants which have been meticulously planned to ensure you have a wonderful experience.

With fewer guests, the crew can really get to know you and what you like. And the atmosphere on board the ships is always warm and friendly. The smaller size of the ships also allows access to more interesting places, such as Norway's lesser-known Fjords as well as European cities with narrow waterways and size-restricted bridges. It also means they can dock in the heart of some of the world's most fascinating cities.

2. UK PORTS OF DEPARTURE

There's no need to endure lengthy journeys across the country to meet your ship and begin your holiday. Fred. Olsen cruises depart from Southampton, Dover, Liverpool, Newcastle, Portsmouth and Edinburgh (Rosyth), so they can bring the world closer to you right from your doorstep.

3. CRUISES CLOSER TO HOME

As well as longer voyages and a range of worldwide destinations, their new itineraries offer more possibilities for cruising around the British Isles or a little closer to home.

4. ★MONEY BACK GUARANTEE★

Fred. Olsen are so confident that you will enjoy the way they cruise, that they will make you a promise – The Olsen Way Promise™. If after a couple of days on board you find that it is not right for you, they will fly you home (at their expense) from the next available port and your cruise price will be refunded in full.



DELIGHT IN THE JOY OF THE JOURNEY

With Fred. Olsen Cruise Lines, the journey is every bit as important as the destination. Which is why they've created five unique on board Signature Experiences. Each one encapsulates what they think is special about the way they cruise and ensures that those who love to travel get the most out of their journey and the destinations they visit.

JOY OF THE JOURNEY GUIDES

The Journey Guides will host talks, presentations and private lunches, and are available to anyone who wishes to find out more about their journey. And please don't worry, if sitting and relaxing is what you are on the cruise to do, that's fine too. You will find the Journey Guide – including a Nature Guide, Culture Guide, Entertainment Host and Maritime Guide – on board every Fred. Olsen ship to entertain and inspire, with their insights and stories.

THE SHIP AND THE SEA

Fred. Olsen's behind-the-scenes 'The Ship and the Sea' experiences reflect that maritime is in their DNA. Join insightful 'Audience with...' interviews with key members of the crew and find out what it takes to sail a cruise ship.



SCENIC DISCOVERIES

Rather than sailing the fastest and most direct routes, Fred. Olsen prefer to sail the most fascinating way. Their Scenic Discoveries are designed to take in all the islands, ports, waterways, lochs and lakes, fjords and interesting seascapes that are out there.



THE SKY AT SEA

The Sky at Sea experiences are held on the ships' wide open decks where they host live sunrise, sunset and stargazing events. Plus, on special itineraries you can seek out the natural beauty of phenomena such as the Northern Lights, the midnight sun and the solar eclipse.



ITINERARY INSIGHTS

On the Itinerary Insights programme, friendly guest speakers will provide a deeper understanding of the history and culture of your destinations before you arrive. Meanwhile, Nature Guides will help you spot marine and birdlife out on deck as well as talking about the local flora and fauna of your chosen region.

TREATS OF THE REGION

Come and enjoy the Treats of the Region sessions where you can meet chefs who will show you how to prepare local dishes from the destinations you are visiting. And the best part? Each one ends with a chance to sample the creation!





Fred. Olsen Cruise Lines

ONCE-IN-A-LIFETIME...

★RIO CARNIVAL★ RIO DE JANEIRO

This ever-vibrant metropolis has plenty to offer visitors, from fabulous beaches to world-renowned landmarks including Sugarloaf Mountain, Christ the Redeemer and Copacabana Beach. What's more, your arrival coincides with none other than the **Rio Carnival**^{xx}. Soak up the atmosphere of this iconic festival in the Sambadrome, which comes alive with vibrant parades, samba music, flamboyant costumes and contagious energy.



THE FALKLAND ISLANDS

With its red postboxes and pleasant pubs, the remote Falklands Islands archipelago offers a British experience far from the homeland. There are excellent penguin-spotting opportunities on the coves and beaches; while the local museums and memorials offer insight into the Falklands War.

★ANTARCTICA SCENIC CRUISING★

Scenic cruising the rugged Antarctic Peninsula is a maiden experience for Fred. Olsen and a journey of discovery following in the footsteps of Sir Ernest Shackleton. This difficult-to-reach region is home to many penguins and seals, all brave and battle-hardened by the elements.



FULL TRANSIT OF THE PANAMA CANAL

Explore Spanish colonial architecture, spot the iconic classic cars, try out traditional dance styles including the mambo and cha cha - and make the most of your overnight stay with a visit to the dazzling Tropicana Cabaret^x.



^{xx}Tickets to Rio Carnival are not included or guaranteed.

CABINS ARE SELLING FAST



EXCLUSIVE LAUNCH SAVINGS OF UP TO **£3,800[±]**

EXCLUSIVE FREE ON BOARD SPEND OF UP TO **£1,500^{*}** ENDS 30TH APRIL 2024

76 NIGHTS DEPARTING 28TH JANUARY 2026

YOUR FREE DOOR-TO-DOOR SERVICE WILL TRANSFER YOU TO THE PORT WITH EASE[™]

JANUARY 2026

Wed 28 Embark **Borealis** and depart **Southampton**

Fri 30 **La Coruña, Spain**

FEBRUARY 2026

Mon 2 **Las Palmas, Gran Canaria**

Thu 5 **Praia, Santiago, Cape Verde**

Wed 11 **Salvador, Brazil**

Fri 13 - Sun 15 **Rio de Janeiro, Brazil** (two night stay) ★ **Rio Carnival** ★

Mon 16 **Ilhabela, Brazil**

Thu 19 - Fri 20 **Buenos Aires, Argentina** (overnight)

Buenos Aires is the birthplace of Pope Francis and Diego Maradona, resting place of Evita and home of the smouldering tango

Sat 21 **Montevideo, Uruguay**

Tue 24 **Port Stanley, Falkland Islands**

Fri 27 - Sat 28 ★ **Scenic Cruising Antarctica Peninsula** ★

Cruising the Antarctic Peninsula is an experience like no other, a chance to witness the awe-inspiring natural beauty of one of the world's most spectacular regions, its wonders, its wildlife and its waters. From on board your ship, you'll get to gaze upon these natural landmarks, and also look out for native wildlife, from penguins to various species of whale

MARCH 2026

Sun 1 ★ **Scenic Cruising Antarctica Peninsula** ★

Wed 4 **Punta Arenas, Chile**

THE MAIDEN NO-FLY EXPLORATION OF SOUTH AMERICA & ANTARCTIC

AN EXCLUSIVE ROL CRUISE LAUNCH PROMOTION



FREE DOOR-TO-DOOR TRANSFERS**

OCEANS MEMBERS SAVE 5%[±]

WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE LAUNCH PROMOTION

EXCLUSIVE LAUNCH SAVINGS OF UP TO £3,800 - FARES WILL INCREASE*

FREE ON BOARD SPEND OF UP TO £1,000 FOR ALL BOOKINGS*

PLUS, EXCLUSIVE FREE BONUS ON BOARD SPEND OF UP TO £500 FOR ALL BOOKINGS*

FREE CHAMPAGNE GIFT BOX - EXCLUSIVELY FOR READERS OF BLUE HORIZONS ENDS 8PM 30TH APRIL 2024*

FREE door-to-door transfers, up to 250 miles each way, for all bookings**

76 NIGHTS full board no-fly cruising on board *Borealis*, including:

- All meals throughout your cruise, from five-course à la carte dining to casual buffets and late-night snacks
- Comfortable cabins and suites with TV, hairdryer, tea and coffee making facilities and individually controlled air conditioning
- On board leisure facilities including a spacious gym, heated swimming pools and Jacuzzis
- **FREE** tea and coffee on board (at selected venues)
- A different show every night - including comedians, musicians and the ship's own show company

The currency on board is pound sterling, so you won't be affected by any foreign exchange rate fluctuation

All Inclusive Drinks Upgrade is available from only £24.99 per person, per night**

EARN EXCLUSIVE CRUISE MILES*

Up to **53,358 CRUISE MILES*** when booking this fantastic cruise, worth **£533** off your next booking**



Thu 5	<i>Cruising by Cape Deseado, Chile</i>
Thu 5 - Sat 7	<i>Cruising the Chilean Fjords</i>
Tue 10	Valparaiso, Chile
Wed 11	Coquimbo, Chile
Fri 13	Iquique, Chile (depart late night)
Sat 14	Arica, Chile
Mon 16	Paracas, Peru (depart late night)
Tue 17 - Wed 18	Callao, Peru (overnight)
Sat 21	Guayaquil, Ecuador
Tue 24	★ Full daytime transit of the Panama Canal ★
Wed 25	Puerto Limón, Costa Rica
Thu 26	Colón, Panama
Fri 27 - Sat 28	Cartagena, Colombia (overnight)
Mon 30	Willemstad, Curaçao

APRIL 2026

Wed 1	Bequia, St. Vincent and Grenadines
Thu 2	St. Johns, Antigua and Barbuda
Fri 3	Philipsburg, St Maarten
Fri 10	Ponta Delgada, São Miguel, Azores
Tue 14	Arrive in Southampton

YOUR FREE DOOR-TO-DOOR SERVICE WILL BE WAITING TO TRANSFER YOU HOME WITH EASE**

Dates not mentioned will be spent relaxing at sea

YOUR EXCLUSIVE ROL CRUISE FARES FROM

CABIN	FULL FARE (PP)	ROL CRUISE FARE (PP)	OCEANS MEMBER FARE (PP)
Interior	£8,999	£8,799	£8,379
Ocean View	£10,999	£10,779	£10,229
Terrace	£16,999	£16,659	£15,829
Suite	£19,999	£19,599	£18,619
Premier Suite	£27,499	£26,679	£25,299

Single cabins are available from **£16,589**
JUST A DEPOSIT REQUIRED TO BOOK THEN NOTHING TO PAY UNTIL 2025

★MONEY BACK GUARANTEE★★★

If after a couple of days on board you find that it is not right for you, Fred. Olsen will fly you home (at their expense) from the next available port and your cruise price will be refunded in full.

TO BOOK, CALL TODAY **FREE ON 0808 239 8070** AND QUOTE 'BHB0424'.

Fred. Olsen
Special 2024

YOUR ONCE-IN-A-LIFETIME GRAND WORLD VOYAGE HIGHLIGHTS

THE GREAT BARRIER REEF

An attraction like no other, the Great Barrier Reef sits on the coast of Australia and is the only living thing on Earth that can be visibly seen from space. Stretching over 2,500km, the reef is an expanse of vivid coral that's home to some of the world's prettiest and rarest species of fish, turtles, and sea mammals. There is only one way to truly experience this natural wonder in all its glory and that's by taking a snorkelling or scuba diving tour**. Swim among fish, paddle into the crevices that line the coral clusters, and witness the magical colours of the reef's seabed first-hand.



ENJOY THE IDYLIC ISLAND OF BORA BORA

You'll wonder how brilliant shades of turquoise, sapphire and indigo can all co-exist to form such a luscious lagoon, matched only in its beauty by the blindingly white ring of sand and majestic mountain peaks at its centre. Formed from the remnants of an extinct volcano, Bora Bora appears to be of another world. Bora Bora's perfect panoramas are further enhanced by pretty sand-edged motu (islets) and rainforest-covered ridges, while its fabulous coral reef is a joy to explore.



CULTURAL SINGAPORE

Located at the tip of the Malay Peninsula, Singapore is a melting pot of culture, architecture and the arts. Modern skyscrapers sit alongside tropical rainforests, and there are reminders of its colonial past in buildings such as the famous Raffles Hotel, where a Singapore Sling is obligatory; and the Old Parliament House, originally built in 1826. The Singapore Flyer, the world's tallest ferris wheel, and the hi-tech Gardens by the Bay are both innovative and fascinating.



Singapore



Bali, Indonesia

EXCLUSIVE LAUNCH SAVINGS
OF UP TO
£5,300[±]

EXCLUSIVE FREE ON BOARD SPEND OF UP TO
£3,000*
ENDS 30TH APRIL 2024

95 NIGHTS DEPARTING 7TH JANUARY 2026

JANUARY 2026

YOUR FREE DOOR-TO-DOOR SERVICE WILL BE AWAITING YOUR ARRIVAL TO TRANSFER YOU TO THE PORT IN STYLE**

- Wed 7 **Embark *Bolette* and depart Southampton**
- Sun 11 **Ponta Delgada, São Miguel, Azores**
- Sat 17 **St. John's, Antigua**
- Sun 18 **Basseterre, St Kitts**
- Tue 20 **Oranjestad, Aruba**
- Thu 22 **Colón, Panama** (depart late night)
- Fri 23 **★ Full transit of the Panama Canal ★**
- Tue 27 **Huatulco, Mexico**
- Thu 29 **Manzanillo, Colima, Mexico**
- Fri 30 - **Puerto Vallarta, Mexico** (overnight)
- Sat 31

FEBRUARY 2026

- Sat 7 **Nuku Hiva, French Polynesia**
- Mon 9 **Fakarava, French Polynesia**
- Tue 10 **Papeete, Tahiti, French Polynesia**
- Wed 11 **Bora Bora, Society Islands, French Polynesia**
- Fri 13 **Aitutaki, Cook Islands ★MAIDEN PORT★**
- Sun 15 **Crossing the International Date Line**
- Thu 19 **Auckland, New Zealand** (depart late night)
- Fri 20 **Tauranga, New Zealand**
- Tue 24 - **Sydney, Australia** (two night stay)
- Thu 26
- Sat 28 **Brisbane, Australia**



Fred. Olsen Cruise Lines

BOLETTE'S 2026 NO-FLY GRAND WORLD VOYAGE



Sydney, Australia

FREE DOOR-TO-DOOR TRANSFERS**

OCEANS MEMBERS SAVE 5%±

WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE LAUNCH PROMOTION

EXCLUSIVE LAUNCH SAVINGS of up to **£5,300+** – **FARES WILL INCREASE**

FREE on board spend of up to **£2,400** for all bookings*

EXCLUSIVE FREE bonus on board spend of up to **£600** for Ocean View cabins and above*

FREE CHAMPAGNE GIFT BOX – EXCLUSIVELY FOR READERS OF BLUE HORIZONS ENDS 8PM 30TH APRIL 2024*

FREE door-to-door transfers, up to 250 miles each way, for all bookings**

95 NIGHTS full board no-fly cruising on board *Bolette*, including:

- All meals throughout your cruise, from five-course à la carte dining to casual buffets and late-night snacks
- Comfortable cabins and suites with TV, hairdryer, tea and coffee making facilities and individually controlled air conditioning
- On board leisure facilities including a spacious gym, heated swimming pools and Jacuzzis
- **FREE** tea and coffee on board (at selected venues)
- A different show every night
- Captain's Drinks Party and Gala Buffet
- All current port supplements and taxes

The currency on board is pound sterling, so you won't be affected by any foreign exchange rate fluctuation

All Inclusive Drinks Upgrade is available from only **£24.99^{pp}**, per night**

EARN EXCLUSIVE CRUISE MILES*
Up to **63,998 Cruise Miles*** when booking this fantastic cruise, worth **£639 off** your next booking with ROL Cruise**



MARCH 2026

- Tue 3 **Cairns, Australia** ★For Great Barrier Reef★
- Sun 8 **Komodo Island, Indonesia**
- Mon 9 **Benoa, Bali, Indonesia** (depart late night)
- Tue 10 **Lembar, Lombok, Indonesia**
- Fri 13 - Sat 14 **Singapore** (overnight)
- Sun 15 **Port Klang (for Kuala Lumpur), Malaysia**
- Mon 16 **Georgetown, Penang, Malaysia**
- Tue 17 **Phuket, Thailand**
- Wed 18 **Sabang (Weh Island), Sumatra, Indonesia**
- Sun 22 **Malé, Maldives**
- Thu 26 **Salalah, Oman**
- Tue 31 **Safaga (for Luxor), Egypt** (depart late night)

APRIL 2026

- Sun 5 **Valletta, Malta**
- Wed 8 **Gibraltar**
- Fri 10 **La Coruña, Spain**
- Sun 12 **Arrive in Southampton**

YOUR FREE DOOR-TO-DOOR SERVICE WILL BE AWAITING YOUR ARRIVAL TO TRANSFER YOU HOME IN STYLE**

Dates not mentioned are spent relaxing at sea. A day may be lost/gained when Crossing the International Date Line

YOUR EXCLUSIVE ROL CRUISE FARES FROM

Cabin	Full Fare ^(pp)	ROL Cruise Fare ^(pp)	Oceans Member Fare ^(pp)
Interior	£10,999	£10,779	£10,299
Ocean View	£12,999	£12,739	£12,089
Terrace	£20,999	£20,579	£19,529
Suite	£24,999	£24,499	£23,249
Premier Suite	£32,999	£31,999	£30,349
Single Interior	£18,999	£18,619	£17,479

JUST A DEPOSIT REQUIRED TO BOOK THEN NOTHING TO PAY UNTIL 2025

TO BOOK, CALL TODAY **FREE ON 0808 239 8070** AND QUOTE **'BHB0424'**.

Fred. Olsen Special 2024

FARES
WILL INCREASE
8PM 30TH APRIL 2024

THE 2025 NO-FLY Island Hopping in the Caribbean

EXCLUSIVE
SAVINGS
OF UP TO
£1,800[±]

FREE
ON BOARD
SPEND
OF UP TO
£1,120*

OR

FREE DOOR-
TO-DOOR
TRANSFERS**

JUST A
DEPOSIT
REQUIRED
TO BOOK

28 NIGHTS DEPARTING 4TH JANUARY 2025

JANUARY 2025

Sat 4	Embark <i>Borealis</i> and depart Portsmouth
Wed 8	Ponta Delgada, São Miguel, Azores (depart early pm)
Tue 14	Philipsburg, St. Maarten (arrive early pm – depart late night)
Wed 15	Basseterre, St. Kitts
Thu 16	Castries, St. Lucia <i>Cruising by Pitons at sunset</i>
Fri 17	Kingstown, St. Vincent (depart late night)
Sat 18	Bridgetown, Barbados (depart late night)
Sun 19	St. George's, Grenada
Mon 20	Roseau, Dominica
Tue 21 - Wed 22	St. John's, Antigua (overnight – depart early pm) Known as having a beach for every day of the year, Antigua and Barbuda are often referred to as the crown jewels of the Caribbean, and St. John's is testament to this with its red and yellow colonial buildings set against the azure blue sea and lush green hills. The history of St. John's is brought to life at English Harbour, where Nelson's Dockyard, now a UNESCO World Heritage Site has strong connections with the Royal Navy
Tue 28	Praia da Vitoria, Terceira, Azores

FEBRUARY 2025

Sat 1 **Arrive in Portsmouth**

Dates not mentioned will be spent relaxing at sea

WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE PROMOTION

• Full board no-fly cruising on board *Borealis*, including:

- **FREE ON BOARD SPEND** of up to **£1,120*** – why not spoil yourself to treatments in the spa, or treat yourself in the on board shops. You may even wish to book yourself some shore excursions and discover some more about a chosen destination

OR

- **FREE** Door-to-door transfers** up to 200 miles each way, for all bookings
- All meals throughout your cruise from five course à la carte dining to casual buffets and late-night snacks
- On board leisure facilities including spacious gyms, heated swimming pools and Jacuzzis
- **FREE** tea and coffee on board (at selected venues)
- Captain's drinks party and Gala Buffet

• All current port supplements and taxes

• **The currency on board is pound sterling, so you won't be affected by any foreign exchange rate fluctuation**

EARN EXCLUSIVE CRUISE MILES®

Up to **15,778 Cruise Miles®** when booking this fantastic cruise, worth **£157 off** your next booking with ROL Cruise††



YOUR EXCLUSIVE ROL CRUISE LAUNCH FARES FROM

Cabin	Full Fare (PP)	ROL Cruise Fare (PP)	Oceans Member Fare (PP)
Interior	£3,699	£3,389	£3,219
Ocean View	£4,599	£4,219	£3,999
Superior Ocean View	£5,399	£4,949	£4,699
Terrace	£6,999	£6,419	£6,089
Balcony Junior Suite	£8,599	£7,889	£7,749
Premier Suite		SOLD OUT	

Solo fares are available from **£6,399**

Q&A *with* Martin Lister

As Fred. Olsen Cruise Lines' Head of Itinerary Planning, Martin is the perfect person to offer an insider perspective on what makes an itinerary shine.

Q Hi Martin! Thank you for taking the time to talk to us. Could you tell us about your role at Fred. Olsen Cruise Lines, please?

The purpose of my role is to lead the Destination team in creating and executing a product strategy to enhance our cruise values. We are continually driving forward the design, planning, innovation and development of our hand-crafted itinerary products. This includes the itineraries themselves, the tours offered at ports of call and our on board signature experiences, all while being aligned with our guest's needs and the requirements of the business.



Q A lot of strategy must go into the planning of itineraries – could you tell us about the process?

Yes, and rightly so. First, we have to establish the business requirements as well as the needs and interests of our target market, the Enthusiast. From there, we pull together a calendar of cruises offering variety from each of departure ports, taking into consideration the best time to go to certain destinations. Each of our cruises are designed with purpose with itineraries crafted by selecting the right destinations to fit the narrative for the cruise. Ultimately, we want our cruises to deliver an experience that is eye catching, immersive into local life and wildlife and with itineraries that our travel Enthusiast guests will find interesting. The cruises are then fully checked to ensure that they can be navigated and operated before the ports of calls are booked. We then collaborate with teams across the business to set up, launch and market the cruises.



Our goal is to individually craft each cruise and design it specifically for the audience it is intended for

Q What factors do you consider when picking a new destination?

The destinations should always fit the narrative for the particular cruise. Does it offer eye catching appeal? Does it contribute aspects of the local way of life to enable guests to experience the quintessential culture? It is essential that we consider these to deliver the best possible experience for our guests.

Q How many of the destinations that Fred. Olsen Cruise Lines sail to have team members personally visited?

As a global cruise line, our wider team have a huge amount of experience of worldwide destinations. We collaborate with colleagues around the wider business, both on the ships and shoreside, to share our experiences.

Q 'The Joy of the Journey' is an important part of the Fred. Olsen Cruise Lines ethos, how does it impact guests' on board experience?

Our brand is about hand-crafting signature experiences, both for tours and destination-related activities on board. Our goal is to individually craft each cruise and design it specifically for the audience it is intended for. This provides our guests with the confidence that their holiday has been designed to suit their interests with an itinerary that is eye-catching and enticing, interesting, immersive and feels good, and that the shoreside and on board experiences provide an insightful and engaging experience.

Q Do you have a favourite itinerary? And why?

The Amalfi Coast was a cruise that has been influential in the way we design and communicate our cruises. The cruise grabs attention: it offers guests an immersive local experience with the feel-good factor, and the famous landmarks of the region provide an interesting insight into the history to learn more.

Q What is the best part of your role?

It's being able to design itinerary experiences that create life-long holiday memories for our guests. That's the ultimate goal!

BRAND-NEW
ITINERARIES



Fred. Olsen Cruise Lines

THE NO-FLY 2025

Winter Canaries & Spring Fjords

LAUNCH PROMOTION

FROM ONLY £999^{PP}

EXCLUSIVE
SAVINGS
OF UP TO
£1,600[±]

FREE
ON BOARD
SPEND OF UP TO
£520*

SMALL SHIP
CRUISING GETS
YOU CLOSER

OCEANS
MEMBERS SAVE
5%[±]

EXPERIENCE THE DIFFERENCE

WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE LAUNCH PROMOTION

- **BOOK BEFORE FARES INCREASE 8PM 30TH APRIL 2024**
- **FREE ON BOARD SPEND OF UP TO £520***
- No-fly full-board cruising on board *Balmoral* including:
 - All meals throughout your cruise, from five-course à la carte dining to casual buffets and late-night snacks
 - Comfortable cabins and suites with TV, hairdryer, tea and coffee making facilities and individually controlled air conditioning
 - On board leisure facilities including a spacious gym, heated swimming pools and Jacuzzis
 - **FREE** tea and coffee on board (at selected venues)
- A different show every night – including comedians, musicians and the ship's own show company
- All current port supplements and taxes
- The currency on board is pound sterling, so you won't be affected by any foreign exchange rate fluctuation
- All Inclusive Drinks Upgrade is available from only £24.99 per person, per night**

EARN EXCLUSIVE CRUISE MILES®

Up to **8,838 Cruise Miles®** when you book one of these fantastic cruises with ROL Cruise**



EXCLUSIVE ROL CRUISE FARES WILL INCREASE 8PM 30TH APRIL 2024

WINTER WARMTH IN THE CANARIES

13 NIGHTS DEPARTING 2ND FEBRUARY 2025

FEBRUARY 2025

Sun 2 **Embark *Balmoral* and depart Southampton**

Thu 6 - **Funchal, Madeira** (overnight)

Fri 7 Famous for its outstanding natural beauty, the Atlantic island of Madeira is known as the 'floating garden', with its array of subtropical flowers and plants. Funchal, an inviting city with a bustling marina, a cobbled centre, a museum dedicated to Cristiano Ronaldo



Sat 8 **Santa Cruz, Tenerife** (depart late night)

Sun 9 **Las Palmas, Gran Canaria**

Mon 10 **Arrecife, Lanzarote**

Thu 13 **La Coruña, Spain** (depart late night)

The vibrant 9th century port town of La Coruña is a delicate combination of old and new architecture, with the shimmering glass of modern buildings juxtaposed against the deeply historical medieval district; rich in Galician culture, history, gastronomy and natural beauty

Sat 15 **Arrive in Southampton**

Dates not mentioned are spent relaxing at sea

SPRINGTIME NORWEGIAN FJORDS

9 NIGHTS DEPARTING 1ST APRIL 2025

APRIL 2025

Tue 1 **Embark *Balmoral* and depart Southampton**

Fri 4 **Vik, Norway** (depart late night)

Cruising Sognefjord

Sat 5 **Haugesund, Norway**

Cruising Åkrafjord & Langfoss Waterfall

Sun 6 **Eidfjord, Norway**

Set within the outstandingly beautiful Hardangerfjord, Eidfjord is surrounded by snow-capped mountains. Explore Hæreid, the largest Viking burial site from the Iron Age or visit the famous Vøringfoss Waterfall, a tumbling natural beauty set deep within the mountains of Måbødalen Valley

Cruising Hardangerfjord

Cruising Maurangerfjord & Furebergfossen

Mon 7 **Stavanger, Norway**

Cruising Lysefjord

The Lysefjord is a spectacular example of the Norwegian fjords' natural beauty. On a clear day it is possible to see the famous Preikestolen - a huge 604 metre-high flat mountain plateau



Thu 10 **Arrive in Southampton**

Dates not mentioned are spent relaxing at sea

YOUR EXCLUSIVE ROL CRUISE LAUNCH FARES FROM

Cabin	Full Fare (pp)	ROL Cruise Fare (pp)	Oceans Member Fare (pp)
Interior	£1,699	£1,499	£1,399
Ocean View	£1,999	£1,769	£1,679
Superior Ocean View [†]	£2,249	£1,989	£1,879
Balcony	£3,199	£2,819	£2,679
Balcony Junior Suite	£3,299	£3,919	£2,759
Premier Suite	£4,999	£4,419	£4,189
Single Interior	£2,799	£2,469	£2,339

JUST A DEPOSIT REQUIRED TO BOOK

YOUR EXCLUSIVE ROL CRUISE LAUNCH FARES FROM

Cabin	Full Fare (pp)	ROL Cruise Fare (pp)	Oceans Member Fare (pp)
Interior	£1,199	£1,069	£999
Ocean View	£1,499	£1,329	£1,259
Superior Ocean View [†]	£1,749	£1,559	£1,469
Balcony	£2,599	£2,299	£2,189
Balcony Junior Suite	£2,799	£2,489	£2,359
Premier Suite	£3,999	£3,549	£3,369
Single Interior	£2,278	£1,779	£1,679

JUST A DEPOSIT REQUIRED TO BOOK

Signature Experience Highlights

PICTURESQUE VOLCANIC LANDSCAPES



The Canary Islands archipelago boasts a diverse range of landscapes shaped by volcanic activity. Join Fred. Olsen on a tour of Timanfaya National Park in Lanzarote, which showcases the lunar landscape of lava fields, volcanic cones and geothermal activity. Meanwhile, in Madeira, explore the Levadas that crisscross lush valleys, offering hiking trails through thick forests and charming villages.

EMBRACE OUTDOOR LIVING



The Norwegian concept of friluftsliv - embracing outdoor living, embodies a deep connection with nature and spending time outside, whatever the weather. Join Fred. Olsen on a tour from Eidfjord, and go kayaking on the beautiful Hardangerfjord, where you'll glide through crystal-clear calm waters; or experience hiking Norway's breathtaking landscapes, stopping at local farms. There will also be opportunities to try your hand at fishing in tranquil lakes or exhilarating fast-flowing rivers.

BRAND-NEW
ITINERARY



Fred. Olsen Cruise Lines

THE NO-FLY 2025

Caribbean & Central America

LAUNCH PROMOTION

EXCLUSIVE
LAUNCH
SAVINGS
OF UP TO
£5,560[±]

FREE
ON BOARD
SPEND OF UP TO
£800*

FREE
DOOR-TO-DOOR
TRANSFERS**

OCEANS
MEMBERS
SAVE
5%[±]

EXPERIENCE THE DIFFERENCE

WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE LAUNCH PROMOTION

- **BOOK BEFORE FARES INCREASE 30TH APRIL 2024**
- **FREE DOOR-TO-DOOR TRANSFERS**, up to 200 miles each way, for all bookings**
- **FREE ON BOARD SPEND OF UP TO £600* - PLUS, EXCLUSIVE BONUS ON BOARD SPEND** of up to **£200*** for Ocean View staterooms and above
- **45 NIGHTS** no-fly full-board cruising on board *Balmoral* including:
 - All meals throughout your cruise, from five-course à la carte dining to casual buffets and late-night snacks
 - Comfortable cabins and suites with TV, hairdryer, tea and coffee making facilities and individually controlled air conditioning
 - On board leisure facilities including a spacious gym, heated swimming pools and Jacuzzis
- **FREE** tea and coffee on board (at selected venues)
- A different show every night – including comedians, musicians and the ship's own show company
- All current port supplements and taxes
- The currency on board is pound sterling, so you won't be affected by any foreign exchange rate fluctuation
- All Inclusive Drinks Upgrade is available from only £24.99 per person, per night**

EARN EXCLUSIVE CRUISE MILES®

Up to **28,798 Cruise Miles®** when you book this fantastic cruise, worth **£287** off your next booking with ROL Cruise**



EXCLUSIVE ROL CRUISE FARES WILL INCREASE 8PM 30TH APRIL 2024

45 NIGHTS DEPARTING 15TH FEBRUARY 2025

FEBRUARY 2025

YOUR FREE DOOR-TO-DOOR SERVICE WILL TRANSFER YOU TO THE PORT IN STYLE**

- Sat 15 Embark **Balmoral** and depart **Southampton**
- Wed 19 **Cádiz, Spain**
- Fri 21 **Arrecife, Lanzarote**
- Sat 22 **Las Palmas, Gran Canaria**

MARCH 2025

- Sun 2 **Philipsburg, St. Maarten**
(depart late night)
- Mon 3 **Road Town, Tortola, British Virgin Islands**
- Tue 4 - **Santo Domingo,**
- Wed 5 **Dominican Republic** (arrive late pm - overnight - depart early pm)
Known for its pristine beaches, lush rainforests and rich colonial heritage, it's a destination that invites travellers to explore its diverse terrain, indulge in its culinary delights and immerse themselves in the rhythms of merengue and bachata
- Fri 7 **Cartagena de Indias, Colombia**
- Sun 9 - **Puerto Limón, Costa Rica** (overnight)
- Mon 10 Costa Rica's overwhelming natural beauty attracts visitors from all over the world. Extraordinarily vibrant birds, inquisitive primates and reef-dwelling marine life exist within its protected national parks and biological reserves, untouched by mass tourism. Explore the lush rainforests, mangrove swamps, numerous volcanoes and crystalline waters of this Central American isthmus, then meet the laid-back 'Ticos' locals that call it home



Philipsburg, St. Maarten



Chichen Itza, Mexico

- Thu 13 **Cozumel, Mexico** (depart early pm)
- Fri 14 **Belize City, Belize**
- Sat 15 **Roatan Island, Honduras**
- Mon 17 **Port Royal, Jamaica**
Located in one of the oldest regions of Jamaica, Port Royal has a colourful history and was known for being a pirate hub in the Caribbean during the 17th century
- Fri 21 **Hamilton, Bermuda**
Rich with sun and surrounded by stunning turquoise waters, Bermuda is a blue pearl in the Caribbean. As a British Island Territory, the blend of British and American culture means you'll feel right at home

- Thu 27 **Ponta Delgada, São Miguel, Azores**

APRIL 2025

- Tue 1 Arrive in **Southampton**

YOUR FREE DOOR-TO-DOOR SERVICE WILL BE AWAITING YOUR ARRIVAL TO TRANSFER YOU HOME IN STYLE**

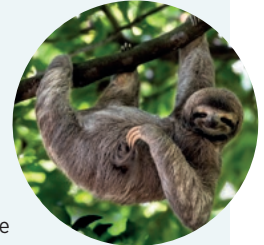
Dates not mentioned will be spent relaxing at sea

Signature Experience

HIGHLIGHTS

TROPICAL ISLANDS & VERDANT RAINFORESTS

In Costa Rica, the Veragua Rainforest offers captivating views of Talamanca Range mountains and is home to a large number of frog and butterfly species. In Cahuita National Park, spot colourful toucans, sloths, howler and capuchin monkeys. The jungle creeks in Belize offer a haven to the elusive manatee - as the shy and gentle creatures slowly meander through the shallows.



CARIBBEAN LIFESTYLE

In Jamaica, you can enjoy eating jerk chicken as you listen to reggae music, while in St. Maarten try the local rum, distilled and bottled on the island. Cartagena de Indias is well-known for its empanadas (savory pastries) and arepas (fried corn patties), delicious with a cup of local rich-flavoured Colombian coffee; while in Santo Domingo, join Fred. Olsen for a merengue dance performance.



CENTRAL AMERICAN LEGACIES

From Belize, join Fred. Olsen on a visit to Altun Ha, also known as Rockstone Water, an important archaeological site in Mayan culture; and in Cozumel - Chichen Itza is home to the remains of many ancient Mayan structures, including the famed El Castillo.

Enhancing

YOUR ON BOARD EXPERIENCE

As well as the brand-new Signature Experiences, Fred. Olsen Cruise Lines offer a host of other activities for you to enjoy while you are on board, why not use your **EXCLUSIVE FREE** bonus on board spend and indulge in the finer things in life.

SPECIALITY DINING**

Dining is a high point of every Fred. Olsen cruise, so why not make your dining experience even more special with an evening in one of the exclusive speciality dining restaurants on board? Fred. Olsen's speciality dining - available for a small supplement - is the perfect way to mark the occasion.

SPA & BEAUTY TREATMENTS**

Balmoral has a relaxing spa where you can enjoy everything from soothing massages, manicures and pedicures to hair treatments and styling in the salons. This is also where you will find the well-equipped Fitness Centre and can join in with yoga, stretch and personal training sessions.

YOUR INCREDIBLE ROL CRUISE LAUNCH FARES FROM

Cabin	Full Fare (pp)	ROL Cruise Fare (pp)	Oceans Member Fare (pp)
Interior	£4,999	£4,369	£4,139
Ocean View	£5,999	£5,239	£4,969
Superior Ocean View†	£6,799	£5,999	£5,699
Balcony	£10,799	£9,529	£9,039
Balcony Junior Suite	£11,499	£10,039	£9,529
Premier Suite	£16,499	£14,399	£13,669

Solo fares are available from **£7,859**
JUST A DEPOSIT REQUIRED TO BOOK



TO BOOK, CALL TODAY FREE ON 0808 239 8070 AND QUOTE 'BHB0424'.

Fred. Olsen
Special 2024



Fred. Olsen Cruise Lines

THE NO-FLY 2025

Scenic Gems of the Dalmatian Coast



Dubrovnik, Croatia

EXCLUSIVE SAVINGS
OF UP TO
£2,200[±]

FREE ON BOARD SPEND
OF UP TO
£880*

OR

FREE DOOR-TO-DOOR TRANSFERS**

JUST A DEPOSIT REQUIRED THEN NOTHING TO PAY UNTIL 2025

22 NIGHTS DEPARTING 5TH JUNE 2025

JUNE 2025

- Thu 5 **Embark *Borealis* and depart Dover**
- Mon 9 **Tangier, Morocco**
Tangier is the gateway from Europe to Africa, due to its location on the Straits of Gibraltar, and has seen rapid progression into a cosmopolitan city, whilst still retaining its history
- Thu 12 ***Cruising Valletta's Grand Harbour***
Valletta, Malta
- Sat 14 ***Cruising by Mount Biokovo, Makarska Riviera***
Split, Croatia (arrive early pm – depart late night)
Situated on the Dalmatian Coast, Split is famous for its beaches and magnificent Riva Waterfront. However, just a 10 minute walk away is the pedestrianised old town, protected by the walls of the UNESCO-listed Diocletian's Palace
- Sun 15 **Korčula, Croatia** (depart late night)
- Mon 16 **Dubrovnik, Croatia** (depart late night)
Known as the 'Pearl of the Adriatic', Dubrovnik is nestled between the mountains and sea on Croatia's Dalmatian Coast. The deeply historic city is a UNESCO World Heritage Site and still has magnificent medieval walls surrounding it



- Tue 17 **Kotor, Montenegro**
Cruising the Bay of Kotor
Located on the beautiful Bay of Kotor, the town of the same name is one of the best-preserved Medieval towns in the Adriatic. Kotor has ancient architecture that's displayed in Venetian palaces and Romanesque churches, earning itself a listing as a UNESCO World Natural and Historical Heritage Site
- Wed 18 **Kerkira, Corfu, Greece**
- Fri 20 **La Goulette, Tunisia**
- Sun 22 **Cartagena, Spain**
- Mon 23 **Gibraltar** (arrive early pm)
- Fri 27 **Arrive in Dover**

Dates not mentioned are spent relaxing at sea

YOUR EXCLUSIVE ROL CRUISE FARES FROM

Cabin	Full Fare ^(pp)	ROL Cruise Fare ^(pp)	Oceans Member Fare ^(pp)
Interior	£3,499	£3,299	£3,129
Ocean View	£3,999	£3,759	£3,559
Superior Ocean View [†]	£4,599	£4,329	£4,109
Terrace	£6,499	£6,099	£5,799
Balcony Junior Suite	£7,699	£7,239	£6,879
Premier Suite	£10,399	£9,779	£9,299
Single Interior	£6,399	£6,019	£5,719



Fred. Olsen Cruise Lines

THE NO-FLY 2025

Colourful Cliffside Towns of the Amalfi Coast



Naples, Italy

FARES WILL INCREASE 8PM 30TH APRIL 2024

OCEAN MEMBERS SAVE 5%[±]

16 NIGHTS DEPARTING 26TH AUGUST 2025

AUGUST 2025

- Tue 26 **Embark *Borealis* and depart Southampton**
- Fri 29 **Lisbon, Portugal** (depart early pm)
Overlooking the River Tagus, Portugal's capital city offers an abundance of maritime highlights, including the iconic Ponte de Abril Suspension Bridge, and the UNESCO-listed Belém Tower, which served as an embarkation and disembarkation point for Vasco de Gama and other Portuguese explorers
Cruising by Christ the King statue, cruising under 25th April Bridge, cruising by Belém Tower and Monument to the Discoveries
- Sat 30 **Gibraltar** (arrive early pm)

SEPTEMBER 2025

- Tue 2 **Sorrento, Italy**
Cruising the Amalfi Coast
Sorrento's rugged cliffs line the Amalfi Coast where it is possible to see Capri Island and Mount Vesuvius across the Bay of Naples
 - Wed 3 **Salerno, Italy**
 - Thu 4 **Naples, Italy**
The southern Italian city of Naples boasts centuries of volcanic drama, art and architecture
 - Sun 7 **Tangier, Morocco**
 - Tue 9 *Cruising by the Tower of Hercules*
La Coruña, Spain (arrive early pm)
 - Thu 11 **Arrive in Southampton**
- Dates not mentioned are spent relaxing at sea

WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE PROMOTION

- EXCLUSIVE SAVINGS OF UP TO £2,200[±]**
- FARES WILL INCREASE 8PM 30TH APRIL 2024**
- FREE DOOR-TO-DOOR TRANSFERS**, up to 200 miles each way, for all bookings (tiered depending on departure date)**
- OR**
- FREE ON BOARD SPEND OF UP TO £860** for all bookings* **PLUS**
- EXCLUSIVE BONUS ON BOARD SPEND OF UP TO £200** for Ocean View cabins and above*
- No-fly full board cruising on board *Borealis* including:
 - A wide choice of restaurants, lounges and bars
 - All meals and late-night snacks throughout your cruise - all prepared by expert chefs on board
 - On board leisure activities including a gym, heated swimming pools and jacuzzies
 - **FREE** self-service tea and coffee (at selected venues), morning coffee with biscuits and afternoon sandwiches and cakes
 - On board currency of pound sterling, so you won't be affected by any foreign exchange rate fluctuation
- EXCLUSIVE CRUISE MILES[±]**
Up to **19,558 Cruise Miles[±]** when booking this incredible voyage, worth **£195** off your next booking with ROL Cruise**



YOUR EXCLUSIVE ROL CRUISE FARES FROM

Cabin	Full Fare (pp)	ROL Cruise Fare (pp)	Oceans Member Fare (pp)
Interior	£2,599	£2,529	£2,389
Ocean View	£2,999	£2,899	£2,789
Superior Ocean View [†]	£3,499	£3,389	£3,249
Terrace	£4,599	£4,459	£4,279
Balcony Junior Suite	£5,799	£5,629	£5,389
Premier Suite	£7,699	£7,469	£7,079
Single Interior	£4,299	£4,169	£3,959



Fred. Olsen Cruise Lines

THE NO-FLY 2025 Scenic Waterways and Cities of Scandinavia



Copenhagen, Denmark

EXCLUSIVE SAVINGS OF UP TO £600[±]

FREE ON BOARD SPEND OF UP TO £390*

FARES WILL INCREASE 8PM 30TH APRIL 2024

8 NIGHTS DEPARTING 28TH MAY 2025

MAY 2025

Wed 28 **Embark *Balmoral* and depart Southampton**

Sat 31 **Oslo, Norway**

Oslo's innumerable sights mean there's something to suit all tastes; from the haunting image of Edvard Munch's The Scream at the National Gallery, to museums

JUNE 2025

Sun 1 **Gothenburg, Sweden**

The world-renowned Trädgårdssföreningen, Garden Society of Gothenburg, features 19th century pristine lawns, flower beds and woodlands, and is one of Europe's best-kept parks

Mon 2 **Copenhagen, Denmark**

Tue 3 ***Cruising the Kiel Canal***

Thu 5 **Arrive in Southampton**

Dates not mentioned are spent relaxing at sea

WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE PROMOTION



PLEASE DO NOT DELAY, FARES WILL INCREASE 8PM 30TH APRIL 2024

Full board cruising on board *Balmoral* or *Borealis* including:

- **FREE** on board spend of up to **£320** for all bookings **PLUS BONUS** on board spend of **£70** for Ocean View cabins and above
- Signature Experiences*
- All meals and late-night snacks throughout your cruise
- Culinary demonstration and wine tasting venues**
- **FREE** tea and coffee on board (at selected venues)
- Captain's Drink Party and Gala Buffet All current port supplements and taxes

The currency on board is pound sterling, so you won't be affected by any foreign exchange rate the fluctuation

OCEANS MEMBERS SAVE UP TO 5% OFF THE ADVERTISED PRICES[±]

EARN EXCLUSIVE CRUISE MILES[®]

Up to **7,358 Cruise Miles[®]** when booking one of these fantastic cruises, worth **£73** off your next booking with ROL Cruise**



YOUR EXCLUSIVE ROL CRUISE SALE FARES FROM

CABIN	FULL FARE (PP)	ROL CRUISE FARE (PP)	OCEANS MEMBER FARE (PP)
Interior	£1,199	£1,159	£1,099
Ocean View	£1,399	£1,369	£1,299
Superior Ocean View [†]	£1,599	£1,569	£1,489
Balcony	£2,399	£2,349	£2,229
Balcony Junior Suite	£2,599	£2,549	£2,419
Premier Suite	£3,799	£3,679	£3,499
Single Interior	£1,999	£1,939	£1,839

JUST A DEPOSIT REQUIRED THEN NOTHING TO PAY UNTIL 2025

THE OLSEN WAY HIGHLIGHTS

On this exploration of Scandinavia, *Balmoral* will navigate scenic waterways such as the majestic Oslofjord, adorned with rugged cliffs and serene islands, and the Kiel Canal - restricted to smaller ships. You'll also have chances to explore Copenhagen's canals and the Gothenburg Archipelago. Immerse yourself in diverse Scandinavian lifestyles, including Norway's outdoor living concept, friluftsliv, and the cosy embrace of hygge in Denmark. You can indulge in local delights, too, from the Viking elixir aquavit to Swedish smörgåsbord feasts. Your journey unfolds amidst regal backdrops, featuring Oslo's Royal Palace and the Akershus Fortress, and the opulent castles and palaces scattered across Copenhagen.



Fred. Olsen Cruise Lines

THE NO-FLY 2025 Fairytale Castles of the Baltic

EXCLUSIVE SAVINGS OF UP TO £1,400[±]

FREE ON BOARD SPEND OF UP TO £560*

OR

FREE DOOR-TO-DOOR TRANSFERS**

EXCLUSIVE FREE BONUS ON BOARD SPEND OF UP TO £100*

OCEAN MEMBERS SAVE 5%[±]

14 NIGHTS DEPARTING 8TH DECEMBER 2025

DECEMBER 2025

- Mon 8 **Embark *Borealis* and depart Portsmouth**
 - Thu 11 **Warnemünde, Germany**
 - Sat 13 - **Tallinn, Estonia** (overnight)
 - Sun 14 A fascinating blend of medieval and contemporary, discover the beautifully preserved enchanting medieval old town with its cobbled streets and churches, then stroll around the cities stylish cafes, restaurants, shops and art galleries
 - Mon 15 **Helsinki, Finland**
 - Tue 16 **Turku, Finland**
 - Wed 17 **Riga, Latvia**
 - Fri 19 **Copenhagen, Denmark**
 - Mon 22 Arrive in **Portsmouth**
- Dates not mentioned are spent relaxing at sea



YOUR EXCLUSIVE ROL CRUISE SALE FARES FROM

CABIN	FULL FARE (PP)	ROL CRUISE FARE (PP)	OCEANS MEMBER FARE (PP)
Interior	£1,699	£1,549	£1,469
Ocean View	£1,999	£1,849	£1,749
Superior Ocean View [†]	£2,399	£2,199	£2,099
Terrace	£3,199	£2,949	£2,799
BOOK A SUITE & RECEIVE FREE ON BOARD SPEND AND DOOR-TO-DOOR TRANSFERS**			
Balcony Junior Suite	£3,999	£3,679	£3,499
Premier Suite	£5,199	£4,739	£4,499
Single Interior	£2,899	£2,649	£2,339

JUST A DEPOSIT REQUIRED THEN NOTHING TO PAY UNTIL 2025

[†]Door to door transfers are valid up to 150 miles each way.

THE OLSEN WAY HIGHLIGHTS

This itinerary has been designed to feature the Baltic's fairytale-like landmarks, including the magnificent castles of Schwerin, Frederiksborg and Rosenborg, and the charming old towns of Vanalinn and Vecrīga. Immerse yourself in the Nordic-Baltic way of life by relaxing in a Finnish sauna, enjoying local rye bread and black balsam in Riga, or experiencing the cosiness of hygge in Copenhagen. What's more, your visit has been specially timed so you can visit the enchanting Christmas Markets of Copenhagen, Tallinn and Riga and sample delicious festive food and drink. There will be ample opportunities to delve into powerful Hanseatic history in Tallinn, Helsinki, Riga and Copenhagen, too.

TO BOOK, CALL TODAY **FREE ON 0808 239 8070** AND QUOTE 'BHB0424'.

Fred. Olsen
Special 2024



Fred. Olsen Cruise Lines

NO-FLY 2024/25

Scenic British Isles

CRUISE CLOSER TO HOME

The British Isles offer captivating scenery, sprawling countryside, ancient historical sites and culture-rich cities. It's so often the case that many who live on this Sceptred Isle never consider a UK cruise to explore the delights it has to offer, and yet there is a lifetime of hidden treasures a stone's throw from home.

FREE
ON BOARD
SPEND
OF UP TO
£320*

OCEAN
MEMBERS
SAVE
5%±

EXCLUSIVE
SAVINGS
OF UP TO
£860±

EXPLORING IRELAND'S COASTAL SCENERY

8 NIGHTS DEPARTING 24TH AUGUST 2024

AUGUST 2024

- Sat 24 **Embark *Bolette* and depart Liverpool**
- Mon 26 **St. Mary's, Isles of Scilly**
- Tue 27 *Cruising by the Skelligs, Inishnabro (Cathedral Rocks), Tearaght Island & Cliffs of Moher*
- Wed 28 **Galway, Ireland**
- Thu 29 **Killybegs, Ireland**
- Fri 30 *Cruising by The Small Isles, Dutchman's Cap (Bac Mòr), Fingal's Cave & Iona*
- Sat 31 **Belfast, Northern Ireland**

SEPTEMBER 2024

- Sun 1 **Arrive in Liverpool**

Dates not mentioned will be spent relaxing at sea



SCENIC ISLES OF SCOTLAND AND BRITAIN

10 NIGHTS DEPARTING 7TH JUNE 2025

JUNE 2025

- Sat 7 **Embark *Balmoral* and depart Rosyth, Edinburgh**
- Sun 8 *Cruising by Duncansby sea stacks, The Needle and the Old Man of Hoy*
- Mon 9 **Lerwick, Shetland, Isles**
- Tue 10 *Cruising by the Small Isles, Bac Mòr (Dutchman's Cap) and Fingal's Cave*
- Thu 12 **St. Mary's, Isles of Scilly**
- Fri 13 **Falmouth, Cornwall, England**
- Sat 14 **Dartmouth, Devon, England**
- Sun 15 **Portsmouth, England**
- Tue 17 **Arrive in Rosyth, Edinburgh**

Dates not mentioned will be spent relaxing at sea



YOUR EXCLUSIVE ROL CRUISE FARES FROM

CABIN	FULL FARE ^(PP)	ROL CRUISE FARE ^(PP)
Interior	£1,599	£1,549
Ocean View	£1,899	£1,839
Superior Ocean View [†]	£2,199	£2,129
Terrace	SOLD OUT	
Balcony Junior Suite	£2,999	£2,899
Premier Suite	£3,799	£3,679

Solo fares are available from **£2,519**

YOUR EXCLUSIVE ROL CRUISE FARES FROM

CABIN	FULL FARE ^(PP)	ROL CRUISE FARE ^(PP)	OCEANS MEMBER FARE ^(PP)
Interior	£1,649	£1,599	£1,519
Ocean View	£1,999	£1,959	£1,859
Superior Ocean View [†]	£2,249	£2,199	£2,089
Balcony	£3,599	£3,489	£3,349
Balcony Junior Suite	£3,799	£3,719	£3,529
Premier Suite	£5,399	£5,239	£4,969

Solo fares are available from **£2,809**



WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE PROMOTION

EXCLUSIVE SAVINGS OF UP TO £860*

EXCLUSIVE FREE ON BOARD SPEND OF UP TO £320 FOR ALL BOOKINGS*

PLUS, BONUS on board spend of up to **£100** for Ocean View cabins and above*

No-fly full board cruising on your **Fred. Olsen** ship including:

- A wide choice of restaurants, lounges and bars
- All meals and late-night snacks throughout your cruise
- A different show every night, from cabaret shows and comedians to live music and dancing
- On board leisure activities including a gym, heated swimming pools and jacuzzies
- **FREE** self-service tea and coffee (at selected venues), morning coffee with biscuits and afternoon sandwiches and cakes
- On board currency of pound sterling, so you won't be affected by any foreign exchange rate fluctuation

EARN EXCLUSIVE CRUISE MILES®

Up to **10,478 Cruise Miles®** when booking one of these incredible voyages, worth **£104** off your next booking with ROL Cruise^{††}



MONEY BACK GUARANTEE⁺⁺

FARES WILL INCREASE 8PM 30TH APRIL 2024

DRAMATIC COASTLINES OF FRANCE & BRITAIN

7 NIGHTS DEPARTING 18TH JULY 2025

JULY 2025

- Fri 18 **Embark *Bolette* and depart Liverpool**
- Sat 19 *Relaxing at sea*
- Sun 20 **Portland, Dorset, England**
- Mon 21 **Saint Malo, France**
- Tue 22 **Honfleur, France**
- Wed 23 **Fowey, Cornwall, England**
- Thu 24 *Relaxing at sea*
- Fri 25 **Arrive in Liverpool**



Dates not mentioned will be spent relaxing at sea

YOUR EXCLUSIVE ROL CRUISE FARES FROM

CABIN	FULL FARE (PP)	ROL CRUISE FARE (PP)	OCEANS MEMBER FARE (PP)
Interior	£1,149	£1,099	£1,059
Ocean View	£1,299	£1,269	£1,209
Superior Ocean View [†]	£1,599	£1,569	£1,489
Terrace	£2,199	£2,159	£2,039
Balcony Junior Suite	£2,599	£2,549	£2,419
Premier Suite	£3,399	£3,299	£3,129

Solo fares are available from **£1,839**

SCENIC SCOTTISH ISLANDS AND COASTLINES OF IRELAND

9 NIGHTS DEPARTING 4TH AUGUST 2025

AUGUST 2025

- Mon 4 **Embark *Borealis* and depart Southampton**
- Wed 6 **Aberdeen, Scotland**
- Fri 8 **Kirkwall, Orkney Isles**
Cruising by The Needle and Old Man of Hoy
- Sat 9 *Cruising by the Small Isles, cruising Loch Hourn, cruising by Bac Mòr (Dutchman's Cap) and Fingal's Cave*
- Sun 10 **Killybegs, Ireland**
Cruising by Slieve League Cliffs
- Mon 11 **Galway, Ireland**
Cruising by the Cliffs of Moher
- Wed 13 **Arrive in Southampton**



Dates not mentioned will be spent relaxing at sea

YOUR EXCLUSIVE ROL CRUISE FARES FROM

CABIN	FULL FARE (PP)	ROL CRUISE FARE (PP)	OCEANS MEMBER FARE (PP)
Interior	£1,499	£1,449	£1,379
Ocean View	£1,799	£1,759	£1,669
Superior Ocean View [†]	£2,099	£2,059	£1,959
Terrace	£2,799	£2,739	£2,599
Balcony Junior Suite	£3,399	£3,329	£3,159
Premier Suite	£4,499	£4,369	£4,149

Solo fares are available from **£2,519**

TO BOOK, CALL TODAY **FREE ON 0808 239 8070** AND QUOTE **'BHB0424'**.

Fred. Olsen
Special 2024

THE BESTSELLING NO-FLY 2024 CANADA & GREENLAND

Halifax, Nova Scotia, Canada

EXCLUSIVE SAVINGS
OF UP TO
£1,300[±]

FREE ON BOARD SPEND
OF UP TO
£810*

OR

FREE DOOR-TO-DOOR TRANSFERS**

DEPARTING SOON - PLEASE DO NOT DELAY

27 NIGHTS DEPARTING 19TH JULY 2024

JULY 2024

- Fri 19 Embark *Bolette* and depart **Liverpool**
- Thu 25 **St. John's, Newfoundland, Canada**
- Sat 27 **Halifax, Nova Scotia, Canada** (depart late night)
- Mon 29 **Corner Brook, Newfoundland, Canada**
Cruising Humber Arm & Bay of Islands
- Tue 30 **Red Bay, Labrador, Canada** (depart late night)
- Wed 31 **L'Anse aux Meadows, Newfoundland, Canada**

AUGUST 2024

- Sat 3 *Cruising the coast of Akpatok Island*
- Sun 4 *Cruise by Resolution Island & Lower Savage Islands*
- Tue 6 **Nuuk, Greenland**
- Thu 8 **Narsarsuaq, Greenland**
- Fri 9 **Nanortalik, Greenland**
- Sat 10 *Cruising Prins Christiansund*
- Mon 12 **Reykjavik, Iceland**
- Thu 15 Arrive in **Liverpool**

Dates not mentioned will be spent relaxing at sea



★THE OLSEN WAY HIGHLIGHTS★

This voyage takes you off the beaten track to remote destinations, where you can gain an insight into the local way of life while capturing unspoilt scenery and elusive wildlife. Your cruise has been timed to encounter the world's largest population of humpback whales off Newfoundland, which you can search for with the help of wildlife charity ORCA. You may also be lucky enough to spot a polar bear climbing the rocky islands of Nunavut. Geological wonders await your discovery too, from Iceland's geysers and waterfalls to Greenland's glaciers and icebergs. Elsewhere, you can uncover societies shaped by emigration, such as Nova Scotia with its Scottish heritage and the Viking archaeological site of L'Anse aux Meadows.



YOUR EXCLUSIVE ROL CRUISE SALE FARES FROM

CABIN	FULL FARE ^(PP)	EXCLUSIVE ROL CRUISE FARE ^(PP)
Interior	£3,799	£3,289
Ocean View	£4,499	£3,949
Superior Ocean View	£5,399	£4,419
Terrace	£7,299	£6,579
Balcony Junior Suite	£8,499	£7,529
Premier Suite	£10,999	£10,349

Solo prices are available from **£5,549**

THE NO-FLY 2024 CANADA IN THE FALL

**SMALLER
SHIPS,
CLOSER TO
NATURE**

Québec City, Québec, Canada

**FREE
ON BOARD
SPEND**
OF UP TO
£780*

OR

**FREE
DOOR-
TO-DOOR
TRANSFERS****

**FARES WILL
INCREASE
8PM 30TH
APRIL 2024**

WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE PROMOTION



EXCLUSIVE SAVINGS OF UP TO £1,300*
**PLEASE DO NOT DELAY FARES WILL INCREASE
8PM 30TH APRIL 2024**

Full board cruising on board *Bolette* or *Borealis* including:

- **FREE DOOR-TO-DOOR TRANSFERS**, up to 200 miles each way, for all bookings**

OR

- **FREE** on board spend of up to **£810** for all bookings*
- All meals and late-night snacks throughout your cruise
- Culinary demonstration and wine tasting venues**
- **FREE** tea and coffee on board (at selected venues)
- Captain's Drink Party and Gala Buffet All current port supplements and taxes

The currency on board is pound sterling, so you won't be affected by any foreign exchange rate fluctuation

OCEANS MEMBERS SAVE UP TO 5% OFF THE ADVERTISED PRICES*

EXCLUSIVE CRUISE MILES®

Earn up to **21,358 Cruise Miles®** when booking one of these fantastic cruises, worth **£213** off your next booking with ROL Cruise**



26 NIGHTS DEPARTING 3RD OCTOBER 2024

OCTOBER 2024

Thu 3	Embark <i>Borealis</i> and depart Southampton
Wed 9	St. John's, Newfoundland, Canada
Fri 11	Halifax, Nova Scotia, Canada
Sun 13	Gaspé, Québec, Canada
Mon 14	<i>Cruising St. Lawrence River</i>
Tue 15	Trois-Rivières, Québec, Canada (depart late night)
Wed 16	Montreal, Québec, Canada (depart late night)
Thu 17 -	Québec City, Québec, Canada (overnight)
Fri 18	
Sat 19	Port Saguenay, Québec, Canada (depart early pm) <i>Cruising the Saguenay River</i>
Mon 21	Corner Brook, Newfoundland, Canada <i>Cruising Humber Arm & Bay of Islands</i>
Sun 27	<i>Cruising by Spike Island</i> Cobh (for Cork), Ireland (arrive early pm - depart late night)
Tue 29	Arrive in Southampton

★THE OLSEN WAY HIGHLIGHTS★

Unforgettable experiences await you on this epic exploration of Canada, timed to coincide with the fall season. You will have the chance to capture the changing colours at some of the most picturesque national parks, including Jacques-Cartier, Gros Morne and Forillon. From meeting an award-winning fiddler in St John's and learning about Newfoundland's Irish heritage to delving into the history of the indigenous Mi'kmaq people, there's remarkable local culture to uncover at every turn. Wildlife charity ORCA will have representatives on hand to help you spot marine life from *Borealis*.



YOUR EXCLUSIVE ROL CRUISE SALE FARES FROM

CABIN	FULL FARE ^(pp)	EXCLUSIVE ROL CRUISE FARE ^(pp)
Interior	£3,699	£3,479
Ocean View	£4,299	£4,049
Superior Ocean View†	£4,899	£4,619
Terrace	£6,699	£6,299
Balcony Junior Suite	£8,299	£7,819
Premier Suite	£10,999	£10,359

Solo prices are available from **£6,589**

Suite Dreams

Offered with compliments in all of the Suites, the Suite Dreams package includes a few little extra luxuries to make your time on board your chosen Fred. Olsen ship even more special.

Priority check-in and a bottle of sparkling wine will ensure you're perfectly welcomed when you first step on board. Daily canapés and a fruit basket are also available, as are comfortable bathrobes and slippers. Binoculars are on hand, along with a world atlas, for you to use - ideal for Scenic Discoveries, where you'll marvel at the beautiful fjords and waterways you will cruise along.

Premier Suite

At approximately 568 to 644 square feet in size, Premier Suites are spacious and stylish, and feature all the amenities' guests need for a comfortable, restful stay, as well as a few extra touches that help make for an even more special experience. Inside this spacious suite you shall find a luxury king size bed to sink into after a thrilling day of exploring, a separate seating area to relax in, as well as your own dressing area to get ready in. Outside on your private balcony you shall find a large table and chairs, perfect to sip your morning beverage and even sun loungers where you can take a seat and enjoy the stunning scenery and watch the world go by.



Balcony Suite

The Balcony Suites feature all the amenities and comforts guests need during their stay, and provide ample space in which to relax, both indoors and outside on a private balcony.

Balcony Junior Suite

Balcony Junior Suites are a welcoming, comfortable space. Guests will find ample room to relax, and all the amenities they need during their stay, plus a private balcony for soaking up sunshine and scenery outside.

Terrace Cabin

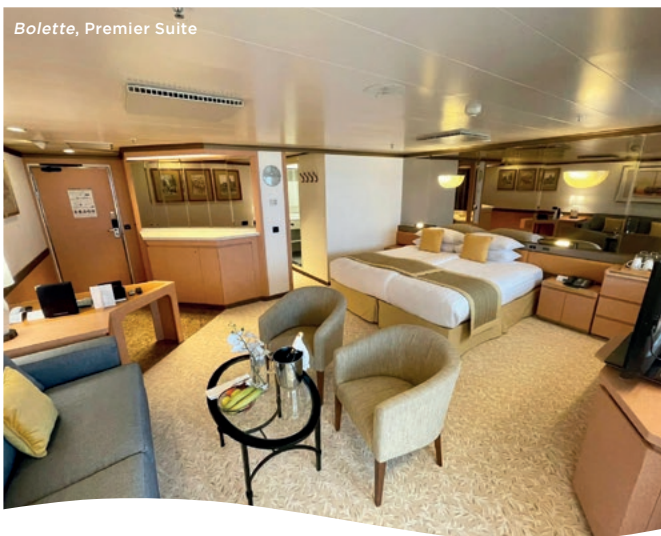
Terrace Cabins offer guests the space, natural light and airiness of an Ocean View Cabin, but with the additional benefit of direct access to the Promenade Deck and designated sun loungers - perfect for enjoying the sunshine, scenery and sea breeze.

Ocean View Cabin

Ocean View Cabins benefit from plenty of soothing natural light and boast fantastic ocean views, provided by a large picture window.

Interior

Interior Cabins have all the amenities and comforts guests need, and are positioned close to the ship's stairs and lifts, providing easy access to the upper decks and their public areas.



DINING EXPERIENCES

Dining is an important part of your cruise with Fred. Olsen and there is always plenty of variety for you to enjoy: delicious five-course dining in the main restaurants; speciality Asian dining at signature restaurants, Vasco and Colours and Tastes; more casual dining at the sumptuous buffets; and, on *Bolette* and *Borealis*, there's a menu of light bites at the poolside during the day.

All food is freshly prepared on board, including the mouth-wateringly delicious homemade bread. Fred. Olsen's restaurant teams take great pride in the food they prepare for you and they love nothing more than to chat and share their passion with you. And, of course, a warm and attentive waiting team are always on-hand to assist you.



On board dining experience

Each of the main restaurants are beautifully decorated, where you'll enjoy sampling outstanding food created by talented chefs. They take great pride in making tasty meals using fresh ingredients, and for Fred. Olsen's 'Treats of the Region', they'll source local ingredients to prepare dishes that are popular in the destinations you're visiting.



A taste of Asia at 'Colours & Tastes'

Offering exceptional Asian Fusion cuisine, with signature dishes from Japan, Thailand, China and the Philippines, cooked to perfection, beautifully presented and served to you by an attentive waiting team. Perfect for a special occasion, you'll have the choice of succulent grilled meats, exquisite seafood, Bao buns and sushi, designed to suit all palates, and leaving you wanting more**.

(**There's a small supplementary charge for Speciality Restaurants of £10^{pp} before you cruise, or £15^{pp} if you'd prefer to book on board.)



Traditional Afternoon Tea

A delicious afternoon tea will be served each day, with a selection of sandwiches, scones and cakes on offer, accompanied by freshly brewed tea or coffee. Guests who choose to take premium Traditional Afternoon Tea will enjoy views from the Observatory Lounge with musical accompaniment from the on board pianist and other classical musicians. A selection of premium teas from The Rare Tea Company will be offered, along with finger sandwiches, pastries, cakes and warm scones with jam and cream**.

(**Traditional Afternoon Tea is available to book before you sail for £13^{pp}.)

On each sailing, you'll have the chance to enrich your cruise with incredible food and drink experiences. From bespoke wine tasting sessions, sampling wines from the regions you are visiting; enjoying a Martini Experience where the talented Bar Team create your favourites; learning about luxury teas from The Rare Tea Company; to breakfast and lunch forums with the on board guest speakers, food and drink lovers can discover more about Fred. Olsen's tastes of the region.



THE NO-FLY 2024 SALE EVENT

THE FRED. OLSEN DIFFERENCE

Fred Olsen's expert tour guides will navigate you to the heart of each destination so that you can make the most of your time. Your comfortable room and elegant ship will become your home from home, so you can sit back, relax and let the destinations come to you. What's more, imagine no long haul flights or luggage restrictions.

No lengthy transfers. No overnights in hotels. No-fly cruising takes the hassle out of travelling, meaning you can start your holiday the minute you step on board.



Menorca island, Spain

ISLANDS OF THE MEDITERRANEAN

19 NIGHTS DEPARTING 14TH SEPTEMBER 2024

SEPTEMBER 2024

- Sat 14 **Embark *Balmoral* and depart Port of Tyne, Newcastle**
- Thu 19 **Gibraltar** (depart early pm)
Cruise by Rock of Gibraltar
- Fri 20 **Cartagena, Spain**
- Sat 21 **Ibiza, Spain**
- Mon 23 **Cruise the Grand Harbour Valletta**
Valletta, Malta (arrive early pm – depart late night)
A natural harbour on the island of Malta and one of the largest in the Mediterranean, Grand Harbour is surrounded by many forts and docks, which give it a unique character and a backdrop that is instantly recognisable
- Wed 25 **Propiano, Corsica, France**
- Thu 26 **Mahón, Menorca, Spain** (depart early pm)
- Sat 28 **Cádiz, Spain**
- Mon 30 **La Coruña (for Santiago de Compostela), Spain**
(depart early pm)
Cruise by Tower of Hercules Lighthouse

OCTOBER 2024

- Thu 3 **Arrive in Port of Tyne, Newcastle**

Dates not mentioned will be spent relaxing at sea

YOUR EXCLUSIVE ROL CRUISE FARES FROM

CABIN	FULL FARE (PP)	ROL CRUISE FARE (PP)
Interior	£2,699	£2,599
Ocean View	£3,199	£3,099
Superior Ocean View	£3,999	£3,879
Balcony	£6,499	£6,299
Balcony Junior Suite	£7,499	£7,279
Superior Suite	£7,999	£7,759

Solo fares are available from **£4,949**
JUST A DEPOSIT REQUIRED TO BOOK

WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE PROMOTION



BOOK BEFORE FARES INCREASE 30TH APRIL 2024
FREE ON BOARD SPEND OF UP TO £570 for all bookings*

OR
FREE DOOR-TO-DOOR TRANSFERS, up to 200 miles each way, for cruises of 14 nights or more only**

No-fly full-board cruising on board your Fred. Olsen ship including:

- All meals throughout your cruise, from five-course à la carte dining to casual buffets and late-night snacks
- Comfortable cabins and suites with TV, hairdryer, tea and coffee making facilities and individually controlled air conditioning
- On board leisure facilities including a spacious gym, heated swimming pools and Jacuzzis
- **FREE** tea and coffee on board (at selected venues)
- A different show every night – including comedians, musicians and the ship's own show company
- All current port supplements and taxes

The currency on board is pound sterling, so you won't be affected by any foreign exchange rate fluctuation

All Inclusive Drinks Upgrade is available from only £24.99 per person, per night**

EARN EXCLUSIVE CRUISE MILES®

Up to **15,518 Cruise Miles®** when you book one of these fantastic cruises, worth **£155** off your next booking with ROL Cruise**



**EXCLUSIVE ROL
CRUISE FARES
WILL INCREASE 8PM
30TH APRIL 2024**

**FREE ON BOARD
SPEND
OF UP TO **£570*****

**CABINS SELLING
FAST - PLEASE DO
NOT DELAY**



NORTHERN SPANISH ESCAPE

7 NIGHTS DEPARTING 20TH OCTOBER 2024

OCTOBER 2024

- Sun 20 **Embark *Borette* and depart Liverpool**
- Wed 23 **Getxo (for Bilbao), Spain** (depart late night)
Getxo is the perfect base from which to explore Bilbao, home to the famous Guggenheim Museum, and sampling pintxos, the Basque country's version of tapas
- Thu 24 **Gijon, Spain**
- Fri 25 **La Coruña (for Santiago de Compostela), Spain** (depart early pm)
The centrepiece of this region is the Santiago de Compostela, a UNESCO World Heritage Site, where it is said the Relics of James the Apostle are buried – an incentive for the pilgrims who make the journey along the Camino de Santiago each year
Cruise by Tower of Hercules Lighthouse
- Sun 27 **Arrive in Liverpool**
- Dates not mentioned will be spent relaxing at sea

YOUR EXCLUSIVE ROL CRUISE FARES FROM

CABIN	FULL FARE ^(PP)	ROL CRUISE FARE ^(PP)
Interior	£999	£879
Ocean View	£1,149	£1,069
Superior Ocean View	£1,399	£1,359
Terrace	£1,799	£1,749
Balcony Junior Suite	£2,199	£2,039
Premier Suite	£2,899	£2,699

Solo fares are available from **£1,599**
JUST A DEPOSIT REQUIRED TO BOOK



THE FRED. OLSEN MYSTERY CRUISE

11 NIGHTS DEPARTING 12TH NOVEMBER 2024

NOVEMBER 2024

- Tue 12 **Embark *Borealis* and depart Southampton**
- Wed 13 - **It's a Mystery!**
- Fri 22 An atmosphere of anticipation will begin the moment you board *Borealis*, escalating as your journey progresses, with everyone having their theory as to which port will be appearing on the horizon next. Every destination will be kept a secret until the last possible moment, so you won't know where you're going until you arrive
- Sat 23 **Arrive in Portsmouth**

★ GO STARGAZING ★

Your Mystery Cruise will be enhanced even further with the accompaniment of a team of experts from Go Stargazing, who will be on board to share their vast knowledge of astronomy and the skies above us. Discover different planets, and see the many constellations in our universe. As there is a minimum amount of light pollution when *Borealis* is at sea, the night sky viewed from the middle of the ocean is magnificently beautiful, with a vast expanse of stars glittering brightly in the darkness.

YOUR EXCLUSIVE ROL CRUISE FARES FROM

CABIN	FULL FARE ^(PP)	ROL CRUISE FARE ^(PP)
Interior	£1,299	£1,169
Ocean View	£1,599	£1,549
Superior Ocean View	£1,799	£1,749
Terrace	£2,399	£2,329
Balcony Junior Suite	£2,999	£2,899
Premier Suite	£3,799	£3,689

Solo fares are available from **£2,179**
JUST A DEPOSIT REQUIRED TO BOOK

THE NO-FLY 2024 SALE EVENT

HANDCRAFTED ITINERARIES

Experience local Baltic traditions, including sampling locally-caught seafood and indulging in the Finnish Sauna culture. Killybegs in County Donegal will offer the opportunity to explore Malin Head, located at the very end of the Wild Atlantic Way. And why not sample food and drink in their place of origin, including paella in Valencia, port wine in Oporto, and tapas in Cádiz. The latter is also the perfect place to learn some flamenco moves with a local bailaora (flamenco dancer).



Helsinki, Finland

MARITIME CITIES OF THE BALTIC

14 NIGHTS DEPARTING 27TH JUNE 2024

JUNE 2024

Thu 27 Embark **Borealis** and depart **Dover**

Sun 30 **Kiel, Germany** (depart late night)

★ **Kiel Week sailing regatta** ★

Your call into Kiel has been perfectly timed to coincide with the final day of the annual Kiel Week sailing regatta

JULY 2024

Tue 2 **Gdańsk, Poland**

Wed 3 **Visby, Gotland, Sweden**

Thu 4 **Tallinn, Estonia** (depart late night)

Fri 5 **Helsinki, Finland** (depart late night) ★ **Tall Ships Race** ★

Helsinki offers the opportunity to witness the spectacular Tall Ships Race

Sat 6 **Turku, Finland**
Cruising Turku Archipelago

Mon 8 **Warnemünde, Germany** (depart late night)

Thu 11 **Arrive in Dover**

Dates not mentioned will be spent relaxing at sea

WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE PROMOTION



EXCLUSIVE SAVINGS OF UP TO £1,500[±] – BOOK BEFORE FARES INCREASE 30TH APRIL 2024

FREE ON BOARD SPEND OF UP TO £420 for all bookings*

PLUS

FREE CAR PARKING at the port# OR DOOR-TO-DOOR TRANSFERS, up to 150 miles each way, for 29th October 2024 departure only**

No-fly full-board cruising on board your **Fred. Olsen ship** including:

- All meals throughout your cruise, from five-course à la carte dining to casual buffets and late-night snacks
- Comfortable cabins and suites
- On board leisure facilities including a spacious gym, heated swimming pools and Jacuzzis
- **FREE** tea and coffee on board (at selected venues)
- A different show every night – including comedians, musicians and the ship's own show company
- All current port supplements and taxes

The currency on board is pound sterling, so you won't be affected by any foreign exchange rate fluctuation

All Inclusive Drinks Upgrade is available from only £24.99 per person, per night**

EARN EXCLUSIVE CRUISE MILES®

Up to **13,578 Cruise Miles®** when you book one of these fantastic cruises, worth **£135** off your next booking with ROL Cruise**



YOUR EXCLUSIVE ROL CRUISE FARES FROM

CABIN	FULL FARE (PP)	ROL CRUISE FARE (PP)
Interior	£2,099	£1,939
Ocean View	£2,499	£2,329
Superior Ocean View	£3,199	£2,899
Terrace	£3,899	£3,689
Balcony Junior Suite	£4,699	£4,169
Premier Suite	£6,999	£6,789

Solo fares are available from **£3,689**

EXCLUSIVE SAVINGS
OF UP TO **£1,500[±]**

FREE ON BOARD
SPEND OF UP TO
£420*

EXCLUSIVE ROL
CRUISE FARES
WILL INCREASE 8PM
30TH APRIL 2024



Portree, Isle of Skye



Valencia, Spain

SCENIC LANDSCAPES & WILDLIFE OF THE BRITISH ISLES

9 NIGHTS DEPARTING 22ND JULY 2024

JULY 2024

- Mon 22 **Embark *Borealis* and depart Dover**
 - Tue 23 **St. Peter Port, Guernsey**
 - Thu 25 ***Cruising by the Skulligs, Inishabro & Tearaght Island***
 - Thu 25 **Killybegs, Ireland**
 - Fri 26 **Stornoway, Isle of Lewis**
 - Sat 27 **Portree, Isle of Skye**
 - Sun 28 ***Cruising by Fingal's Cave, Dutchman's Cap (Bac Mòr) & the Small Isles***
Cruising by Nest Point Lighthouse
- While at sea, keep your eyes peeled for birdlife – including puffins – and marine life, assisted by conservationists from wildlife charity ORCA
- Mon 29 **Kirkwall, Orkney Islands**
 - Thu 11 **Arrive in Dover**

Dates not mentioned will be spent relaxing at sea

YOUR EXCLUSIVE ROL CRUISE FARES FROM

CABIN	FULL FARE (PP)	ROL CRUISE FARE (PP)
Interior	£1,199	£1,069
Ocean View	£1,499	£1,329
Superior Ocean View	£1,699	£1,499
Terrace	£2,399	£2,129
Balcony Junior Suite	£2,999	£2,659
Premier Suite	£3,999	£3,549

Solo fares are available from **£1,999**

CULTURE & CUISINES OF THE MEDITERRANEAN

14 NIGHTS DEPARTING 29TH OCTOBER 2024

OCTOBER 2024

- Tue 29 **Embark *Borealis* and depart Southampton**

NOVEMBER 2024

- Sat 2 **Cádiz, Spain**
- Mon 4 **Valencia, Spain**
- Tue 5 **Tarragona, Spain**
Located in the northeast of Spain on the Costa Dorada, Tarragona is a combination of ancient Roman sites and the golden sand beaches and clear waters of the Mediterranean. The city is steeped in culture, such as the Roman Amphitheatre sitting at the waters edge and which played host to gladiatorial games
- Wed 6 ***Cruise by Cartagena Bay***
Cartagena, Spain (arrive late am)
- Thu 7 **Málaga, Spain**
- Sat 9 **Leixões (for Oporto), Portugal**
- Tue 12 **Arrive in Southampton**

Dates not mentioned will be spent relaxing at sea

YOUR EXCLUSIVE ROL CRUISE FARES FROM

CABIN	FULL FARE (PP)	ROL CRUISE FARE (PP)
Interior	£1,799	£1,549
Ocean View	£2,099	£1,799
Superior Ocean View	£2,599	£2,239
Terrace	£3,299	£2,839
Balcony Junior Suite	£3,899	£3,359
Premier Suite	£5,299	£4,549

Solo fares are available from **£2,719**
JUST A DEPOSIT REQUIRED TO BOOK

THE NO SINGLE SUPPLEMENT OFFER

SOLO FARES FROM ONLY £1,799

SAVE
UP TO
45%[±]

MONEY BACK
GUARANTEE⁺⁺

JUST A
DEPOSIT
REQUIRED

ONLY
BOOKABLE
WITH ROL
CRUISE



No-Fly Iceland's Whales & Waterfalls

9 NIGHTS DEPARTING 29TH AUGUST 2024

AUGUST 2024

Thu 29 **Embark *Balmoral* and depart Newcastle**

SEPTEMBER 2024

Sun 1 **Reykjavik, Iceland**

Mon 2 **Ísafjörður, Iceland**

Cruise by Hornbjarg at sunset

Tue 3 **Akureyri, Iceland**

Cruising Eyjafjörður, Hrísey

Wed 4 *Cruising Borgarfjörður eystri*

Thu 5 *Cruise by Mykines*

Torshavn, Faroe Islands (arrive late am)

Sat 7 **Arrive in Newcastle**

Dates not mentioned will be spent relaxing at sea

SUPERIOR OCEAN VIEW CABIN
WAS £2,698 | NOW **£1,799**



No-Fly Canary Islands & Morocco

14 NIGHTS DEPARTING 10TH NOVEMBER 2024

NOVEMBER 2024

Sat 10 **Embark *Bolette* and depart Liverpool**

Thu 14 - **Funchal, Maderia** (overnight)

Fri 15

Sat 16 **Santa Cruz, La Palma** (depart late night)

Sun 17 **Santa Cruz, Tenerife**

Mon 18 **Puerto Del Rosario, Fuerteventura**

Wed 20 **Tangier, Morocco**

Sun 24 **Arrive in Liverpool**

Dates not mentioned will be spent relaxing at sea

SUPERIOR OCEAN VIEW CABIN
WAS £3,595 | NOW **£2,299**

SOLO
TRAVEL



Fred. Olsen Cruise Lines' smaller, friendlier ships make them the perfect choice for solo travellers. The atmosphere on board is sociable, but never forced, so you'll feel right at home from the very first moment.

**FARES WILL
INCREASE
8PM 30TH
APRIL 2024**



Fred. Olsen Cruise Lines

WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE PROMOTION



NO SINGLE SUPPLEMENT FOR SOLO TRAVELLERS

SAVE UP TO 45% - FARES WILL INCREASE 8PM 30TH APRIL 2024[‡]

No-fly full board cruising on your *Fred. Olsen* ship including:

- **EXCLUSIVE FREE** on board spend of up to **£70** for all bookings*
- A wide choice of restaurants, lounges and bars
- All meals and late-night snacks throughout your cruise - all prepared by expert chefs on board
- A different show every night, from cabaret shows and comedians to live music and dancing
- On board leisure activities including a gym, heated swimming pools and jacuzzies
- **FREE** self-service tea and coffee (at selected venues), morning coffee with biscuits and afternoon sandwiches and cakes
- On board currency of pound sterling, so you won't be affected by any foreign exchange rate fluctuation

EARN EXCLUSIVE CRUISE MILES®

Up to **2,299 Cruise Miles®** when booking one of these incredible voyages with ROL Cruise**



No-Fly Canary Islands & Lisbon

14 NIGHTS DEPARTING 23RD NOVEMBER 2024

NOVEMBER 2024

- Sat 23 **Embark *Borealis* and depart Portsmouth**
- Thu 28 **Funchal, Madeira, Portugal**
- Fri 29 **Santa Cruz, La Palma** (depart late night)
- Sat 30 **San Sebastian, La Gomera** (depart late night)

DECEMBER 2024

- Sun 1 **Santa Cruz, Tenerife**
- Mon 2 **Arrecife, Lanzarote**
- Wed 4 **Lisbon, Portugal**
Cruising mouth of River Tagus & Cruise by Cristo Rei & April 25th Bridge

Sat 7 **Arrive in Portsmouth**

Dates not mentioned will be spent relaxing at sea

SUPERIOR OCEAN VIEW CABIN
WAS £4,178 | **NOW £2,289**



No-Fly Northern Lights

14 NIGHTS DEPARTING 7TH DECEMBER 2024

DECEMBER 2024

- Sat 7 **Embark *Borealis* and depart Portsmouth**
- Tue 10 **Alesund, Norway**
- Wed 11 **Scenic cruising Torghatten** ★ **CROSS THE ARTIC CIRCLE**★
- Thu 12 - **Tromsø, Norway**
- Fri 13
- Sat 14 - **Alta, Finnmark, Norway**
- Sun 15
- Mon 16 **Sortland, Vesterålen, Norway**
- Wed 18 **Bergen, Norway**
- Sat 21 **Arrive in Portsmouth**

Dates not mentioned will be spent relaxing at sea

SUPERIOR OCEAN VIEW CABIN*
WAS £3,448 | **NOW £2,299**

TO BOOK, CALL TODAY **FREE** ON **0808 239 8070** AND QUOTE 'BHB0424'. |

Fred. Olsen
Special 2024



Time Well Spent with



Fred. Olsen Cruise Lines

As the No. 1 specialist for Fred. Olsen's cruise lines, ROI Cruise are proud to have experienced their incredible cruises first hand. Here's what we thought of our time on one of Britain's most-loved cruise lines.



"In October 2023 I had the pleasure on sailing on **Borealis** to Gibraltar.

I really enjoyed the small ship atmosphere and all the crew were super friendly and helpful.

I especially enjoyed the food in Fusion, which was my favourite restaurant on board."

Marie White
Finance Assistant

"I have recently sailed on the **Balmoral** to beautiful Norway. The scenery was stunning, and to match that, so was the food on board! Every meal time matched the next whether you chose to eat in the Spey Restaurant or the Café, and the staff certainly brought a smile to all passengers alike, whether you were ordering a pot of tea or one of their amazing cocktails – nothing was too much trouble. The vast age range of passengers on board brought a different vibe to each area of the ship; relaxing in the morning light pub at any time of day or around the swimming pools (which were heated to a perfect temperature) – there was enough to do for everyone. I highly recommend a Fred. Olsen cruise whether on the **Balmoral**, **Bolette** or **Borealis**."

Wendy Russell
PA to Chairman

"In March 2023 my wife and I went on the **Bolette** from Newcastle up to see the Northern Lights.

A fantastic small ship. The staff were amazing, friendly and attentive. It was our 46th wedding anniversary on the cruise and the staff did everything to make it a special day.

The choice and quality of the food was of a very high standard and the desserts were to die for."

David Lacey
Facilities Manager

"Cruising to the stunning Norwegian Fjords on **Balmoral** last August was a wonderful experience. It was the first time I had sailed from Newcastle and the port was so quiet, no queues which was very smooth. Together we were three generations travelling together, again another first for me which worked so well. We could choose to spend time together or partake in different activities on board and then easily meet up afterwards. Cruising on a smaller ship made this very easy for us all.

My personal favourite restaurant was the Spey Restaurant. Boasting floor to ceiling windows meant we always had beautiful views, especially when sailing down the Fjords. This is one of the most special elements of cruising, the endless scenery you can experience – plus when at sea and there is no land in sight, there is nothing quite like it in my opinion!"

Sarah Wikevand
Managing Director





Fred. Olsen Cruise Lines

THE NO-FLY 2025 GREENLAND & ICELAND EXPLORATION

FARES WILL
INCREASE
8PM 30TH
APRIL 2024

EXCLUSIVE
LAUNCH
SAVINGS
OF UP TO
£1,100⁺⁺

FREE
DOOR-TO-
DOOR
TRANSFERS^{**}

OR

FREE
ON BOARD
SPEND
OF UP TO
£600^{*}

WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE PROMOTION

EXCLUSIVE SAVINGS OF UP TO **£1,100⁺**
FREE DOOR-TO-DOOR TRANSFERS
UP TO 150 MILES EACH WAY^{**}

OR

FREE ON BOARD SPEND OF UP TO **£600**
FOR ALL BOOKINGS^{*}

PLUS

EXCLUSIVE FREE ON BOARD SPEND OF UP TO **£130**
FOR OCEAN VIEW CABINS AND ABOVE^{*}

15 nights no-fly full board cruising on board *Bolette*
including:

- All meals and late-night snacks throughout your cruise – all prepared by expert chefs on board
- A different show every night
- On board leisure activities including a gym, heated swimming pools and jacuzzies
- **FREE** self-service tea and coffee (at selected venues), morning coffee with biscuits and afternoon sandwiches and cakes
- On board currency of pound sterling, so you won't be affected by any foreign exchange rate fluctuation

EARN EXCLUSIVE CRUISE MILES^{*}

Up to **13,518 Cruise Miles^{*}** when booking this incredible voyage, worth **£135** off your next booking with ROL Cruise^{††}



15 NIGHTS DEPARTING 7TH AUGUST 2025

AUGUST 2025

Thu 7 **Embark *Bolette* and depart Liverpool**

Sun 10 **Reykjavík, Iceland**

Tue 12 **Cruising Prins Christiansund, Greenland**

Slicing between the Greenlandic mainland and the islands of Cape Farewell, Prins Christiansund is an example of Mother Nature's work at its finest. A spectacular waterway, which only opens up in the summer when huge icy blockades melt away, unveiling astonishing landscapes punctuated by soaring snow-topped mountains, magnificent glaciers and granite cliffs

Wed 13 **Narsarsuaq, Greenland**

A small settlement in southern Greenland, with a population of no more than 200 inhabitants, Narsarsuaq has an assortment of wildlife and breathtaking glaciers

Cruising Tunulliarfik Fjord, Greenland

Thu 14 **Qaqortoq, Greenland**

Cruising Einarsfjord, Greenland

Fri 15 **Nanortalik, Greenland**

Mon 18 **Ísafjörður, Iceland**

Tue 19 **Akureyri, Iceland**

The compact city of Akureyri is located at the end of the Eyjafjordur, Iceland's longest fjord, and is the gateway to the breath-taking 'Waterfall of the Gods', Goðafoss Waterfall

Cruising Eyjafjörður, Iceland

Fri 22 **Arrive in Liverpool**

Dates not mentioned are spent relaxing at sea

YOUR CRUISE HIGHLIGHTS

Fred. Olsen Cruise Lines has planned this cruise to explore off-the-beaten track destinations, showcasing the wild and rugged environments of Greenland and Iceland. As *Bolette* sails the strait of Prins Christiansund, you can witness jagged mountains and glaciers. You'll also have chances to discover the icebergs of Qooroq Ice Fjord, go whale watching, and sail the scenic fjords of Tasermiut and Tunulliarfik. Learn about Inuit culture, from choir singing to kayaking. Explore Greenland's history shaped by Scandinavian influence, including the Viking explorer Erik the Red and the Danish-Norwegian missionary Anders Olsen.



YOUR EXCLUSIVE ROL CRUISE FARES FROM

Cabin	Full Fare ^(pp)	ROL Cruise Fare ^(pp)	Oceans Member Fare ^(pp)
Interior	£2,299	£2,229	£2,119
Ocean View	£2,699	£2,639	£2,509
Superior Ocean View [†]	£3,099	£3,039	£2,879
Terrace	£4,399	£4,319	£4,089
Balcony Junior Suite	£5,299	£5,189	£4,929
Premier Suite	£6,899	£6,759	£6,349
Single Interior	£3,999	£3,879	£3,689

JUST A DEPOSIT REQUIRED THEN
NOTHING TO PAY UNTIL 2025

TO BOOK, CALL TODAY **FREE ON 0808 239 8070** AND QUOTE '**BHB0424**'.

Fred. Olsen
Special 2024



Fred. Olsen Cruise Lines

THE NO-FLY 2025 Spain & Morocco Discovery



Casablanca

EXCLUSIVE SAVINGS OF UP TO £1,100[±]

FREE ON BOARD SPEND OF UP TO £480*

FARES WILL INCREASE 8PM 30TH APRIL 2024

12 NIGHTS DEPARTING 15TH FEBRUARY 2025

FEBRUARY 2025

- Sat 15 **Embark *Borealis* and depart Portsmouth**
 - Wed 19 **Casablanca, Morocco**
 - Thu 20 *Cruising by Strait of Gibraltar*
Ceuta, Spain
 - Fri 21 **Málaga, Spain**
 - Sat 22 **Gibraltar**
Cruising the Strait of Gibraltar
Cádiz, Spain (overnight)
 - Sun 23 **Cádiz, Spain**
 - Mon 24 *Cruising by Belém Tower & Discovery Monument*
Cruising by Cristo Rei statue & under the 25 de Abril Bridge
Lisbon, Portugal
 - Thu 27 **Arrive in Portsmouth**
- Dates not mentioned will be spent relaxing at sea

WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE PROMOTION



EXCLUSIVE SAVINGS OF UP TO £1,100[±]

PLEASE DO NOT DELAY, FARES WILL INCREASE 8PM 30TH APRIL 2024

Full board cruising on board *Borealis* including:

- **FREE ON BOARD SPEND** of up to **£480** for all bookings*
- Signature Experiences*
- All meals and late-night snacks throughout your cruise
- **FREE** tea and coffee on board (at selected venues)
- Captain's Drink Party and Gala Buffet All current port supplements and taxes

The currency on board is pound sterling, so you won't be affected by any foreign exchange rate fluctuation

EARN EXCLUSIVE CRUISE MILES®

Up to **8,918 Cruise Miles®** when booking this fantastic cruise with ROL Cruise**



YOUR EXCLUSIVE ROL CRUISE SALE FARES FROM

CABIN	FULL FARE (PP)	ROL CRUISE FARE (PP)	OCEANS MEMBER FARE (PP)
Interior	£1,599	£1,449	£1,379
Ocean View	£1,999	£1,739	£1,659
Terrace	£2,899	£2,619	£2,489
Suite	£3,699	£3,399	£3,229
Premier Suite	£4,799	£4,459	£4,239
Single Interior	£2,249	£2,189	£2,069

BOOK TODAY WITH JUST A DEPOSIT

THE OLSEN WAY HIGHLIGHTS

This cruise has been designed to offer you the opportunity to learn about the rich maritime history of North Africa and the Iberian Peninsula and to experience local traditions and food and drink in their place of origin. You can learn about the Conquest of Ceuta, led by Henry the Navigator. *Borealis* will also sail past the Belém Tower in Lisbon, a monument that marked the start and end of many voyages during the Age of Discovery. You'll visit Casablanca, affording the chance to discover the ancient Moroccan storytelling art form of Halqa; Malaga – olive oil capital of the world; and Cádiz, the home of tapas and flamenco.



Fred. Olsen Cruise Lines

THE NO-FLY 2025 French Rivers with Normandy & Bordeaux

**EXCLUSIVE
SAVINGS
OF UP TO
£1,000[±]**

**FREE
ON BOARD
SPEND
OF UP TO
£520***

**FARES WILL
INCREASE
8PM 30TH
APRIL 2024**

Balmoral cruising the Kiel Canal

13 NIGHTS DEPARTING 20TH JULY 2025

JULY 2025

Sun 20 **Embark *Balmoral* and depart Rosyth, Edinburgh**

Thu 24 **Bordeaux, France** (overnight)

Fri 25 **Bordeaux, France**

Cruising the Gironde & Garonne rivers

Sat 26 **Getxo, Spain**

Mon 28 **Saint Malo, France**

Tue 29 - **Rouen, France** (overnight)

Wed 30 *Cruising the River Seine*

Thu 31 **Honfleur, France**

AUGUST 2025

Sat 2 **Arrive in Rosyth, Edinburgh**

Dates not mentioned are spent relaxing at sea



Rouen, France



YOUR EXCLUSIVE ROL CRUISE SALE FARES FROM

CABIN	FULL FARE (PP)	ROL CRUISE FARE (PP)	OCEANS MEMBER FARE (PP)
Interior	£1,899	£1,839	£1,749
Ocean View	£2,199	£2,159	£2,049
Balcony	£3,999	£3,919	£3,719
Suite	£4,299	£4,209	£3,989
Premier Suite	£6,099	£5,919	£5,599
Single Interior	£3,199	£3,099	£2,939

**BOOK TODAY WITH JUST A DEPOSIT
THEN NOTHING TO PAY UNTIL 2025**

THE OLSEN WAY HIGHLIGHTS

Join Fred. Olsen on this exploration of French riverside cities, where you can marvel at Bordeaux's facades along the Garonne and soak in the allure of Honfleur's harbour. What's more, *Balmoral* will sail the picturesque River Seine into Rouen – a journey only possible on smaller ships. Meanwhile, Rouen is ideally placed for tours to the French capital, where you can absorb Parisian culture with its charming cafés, boulangeries, art, and fashion. Step back in time with opportunities to discover medieval sites such as Mont Saint-Michel from St Malo.

TO BOOK, CALL TODAY **FREE ON 0808 239 8070** AND QUOTE 'BHB0424'.

Fred. Olsen
Special 2024



Fred. Olsen Cruise Lines

Voyage Highlights

ISLANDS, BAYS, MOUNTAINS
AND COASTAL VILLAGES



Your cruise on board *Balmoral* will take you to a multitude of remarkable bays, islands and villages perched on coastal cliffs in the Mediterranean. You'll also sail along the scenic Amalfi Coast, characterised by its dramatic cliffs and vibrant villages clinging to the rugged cliffs above the ultramarine waters.

DISCOVER INSPIRATIONAL ARTISTS
AND UNCOVER ANCIENT HISTORY



Discover the City of Arts and Sciences in Valencia. Learn about the lives of Pablo Picasso and Salvador Dali. Ancient Greece and its mythology, are a complex tapestry of tales and legends that explored themes of love, treachery, bravery, and the conflict between gods and mortals. The Acropolis, Parthenon, Temple of Olympian Zeus, and Ancient Agora are just a few of the archaeological monuments that can be visited from Piraeus.

THE NO-FLY 2025

Grand Mediterranean

AN EXCLUSIVE ROL CRUISE
LAUNCH PROMOTION



EXCLUSIVE
LAUNCH
SAVINGS
OF UP TO
£3,650[±]

FREE
DOOR-
TO-DOOR
TRANSFERS⁺⁺

FREE
ON BOARD
SPEND
OF UP TO
£1,050^{*}

57 NIGHTS DEPARTING 17TH SEPTEMBER 2025

SEPTEMBER 2025

YOUR FREE DOOR-TO-DOOR SERVICE WILL TRANSFER YOU TO THE PORT
IN STYLE**

Wed 17 **Embark *Balmoral* and depart Southampton**

Fri 19 **La Coruña, Spain** (depart late night)

Mon 22 **Seville (from Cádiz), Spain**

Wed 24 **Ibiza, Spain**
Cruising by Cape Bernat at sunset

Thu 25 **Barcelona, Spain**
A beautiful city full of history, Barcelona is capital city of Catalunya – a region with its own unique traditions and culture. Famous for many UNESCO-listed buildings by Gaudi

Fri 26 - **Valencia, Spain** (two night stay)

Sat 28

Mon 29 **Mahon, Menorca, Spain**

Tue 30 **Propiano, Corsica, France**

OCTOBER 2025

Wed 1 **Cinque Terre (from La Spezia), Italy**
The charming city of La Spezia, located on the Ligurian coast of Italy, is a gateway to the UNESCO World Heritage Site of Cinque Terre, with its beautifully coloured villages perched on rugged cliffs overlooking the Mediterranean Sea

Fri 3 **Salerno, Italy**
Cruising the Amalfi Coast at sunset

Sat 4 **Naples, Italy**

Sun 5 **Sorrento, Italy**

Mon 6 - **Rome (from Civitavecchia), Italy**
(two night stay)

Wed 8 *Cruising by Stromboli & the Strait of Messina*

Thu 9 *Cruising the Bay of Kotor*
Sat 11 **Kotor, Montenegro**



**SHORTER
SECTORS
AVAILABLE
PLEASE CALL
FOR DETAILS**

**OCEAN
MEMBERS
SAVE
5%[±]**

**FARES WILL
INCREASE 8PM
30TH APRIL
2024**

**WHAT'S INCLUDED IN YOUR
EXCLUSIVE ROL CRUISE PROMOTION**

EXCLUSIVE LAUNCH SAVINGS OF UP TO £3,650*

OCEANS MEMBERS SAVE 5%⁺⁺

57 NIGHTS full board no-fly cruising on *Balmoral*, including:

- **FREE** door-to-door transfers, up to 200 miles each way, for all bookings**
- **FREE** on board spend of up to **£600** for all bookings*
- **PLUS, EXCLUSIVE FREE** bonus on board spend of up to **£450*** for Ocean View cabins and above
- Heated saltwater swimming pool
- A wide choice of restaurants, lounges and bars including all meals throughout your cruise, from five course à la carte dining to casual buffets and late night snacks
- Culinary demonstration and wine tasting venues**
- Neptune Lounge showcasing comedians to musicians to the ship's own show company
- Additional spa facilities including a thermal suite, hydrotherapy pool and more treatment rooms**
- **FREE** tea and coffee on board (at selected venues)
- Captain's Drinks Party and Gala Buffet
- All current port supplements and taxes

The currency on board is pound sterling, so you won't be affected by any foreign exchange rate fluctuation

All Inclusive Drinks Upgrade is available from only £24.99^{pp}, per night**

EARN EXCLUSIVE CRUISE MILES®

Up to **44,598 Cruise Miles®** when booking this incredible voyage, worth **£445** off your next booking with ROL Cruise*†



- Mon 13 **Koper, Slovenia**
 - Tue 14 *Cruising St. Anthony Channel*
Šibenik, Croatia
 - Wed 15 **Split, Croatia**
Cruising by Mount Biokovo & Makarska Riviera
 - Thu 16 - **Dubrovnik, Croatia** (overnight)
 - Fri 17
 - Sun 19 **Argostoli, Kefalonia, Greece**
Cruising Zakynthos coastline
 - Mon 20 **Kalamata, Greece**
 - Tue 21 **Athens (from Piraeus), Greece**
 - Wed 22 **Thira, Santorini, Greece**
 - Thu 23 **Agios Nikolaos, Crete, Greece**
 - Fri 24 - **Rhodes, Greece** (two night stay)
 - Sun 26
 - Mon 27 **Bodrum, Turkey** ★ **Maiden Port** ★
 - Tue 28 **Ephehsus (from Kuşadası), Turkey**
 - Thu 30 **Istanbul, Turkey**
- NOVEMBER 2025**
- Sun 2 **Valletta, Malta**
 - Wed 5 - **Málaga, Spain** (two night stay)
 - Fri 7
 - Sat 8 **Gibraltar**
 - Sun 9 - *Cruising by Belém Tower, Monument to the Discoveries, Christ the King statue & cruising under 25th April Bridge*
Lisbon, Portugal (overnight)
 - Mon 10
 - Thu 13 Arrive in **Southampton**



YOUR FREE DOOR-TO-DOOR SERVICE WILL BE AWAITING YOUR ARRIVAL TO TRANSFER YOU HOME IN STYLE**

Dates not mentioned are spent relaxing at sea

**YOUR EXCLUSIVE
ROL CRUISE FARES FROM**

CABIN	FULL FARE (PP)	ROL CRUISE FARE (PP)	OCEANS MEMBER FARE (PP)
Interior	£6,999	£6,789	£6,439
Ocean View	£8,299	£8,129	£7,719
Superior Ocean View	£9,499	£9,299	£8,839
Balcony	£14,799	£14,359	£13,769
Balcony Junior Suite	£15,499	£15,189	£14,419
Premier Suite	£22,999	£22,299	£21,159
Single Interior	£11,999	£11,639	£11,039

**JUST A DEPOSIT REQUIRED THEN
NOTHING TO PAY UNTIL 2025**

A Taste of the Azores

Fred. Olsen Cruise Lines always want to give their guests the chance to experience the most of each destination and one way we love to do this is through food. Their on board Kitchen Creations sessions see a talented team of chefs and galley crew deliver live cooking demonstrations of regional dishes in the areas their ships are visiting.

Nestled in the heart of the Atlantic Ocean lies the Azores, an enchanting archipelago brimming with natural wonders and cultural heritage. Whether a nature enthusiast, a history buff or simply seeking tranquillity, this captivating destination promises an unforgettable experience.

Molha de Carne AZORES BEEF STEW WITH POTATOES

A traditional Portuguese stew, bursting with warming flavours and packed with beef, tomatoes, carrots and garlic.

Ingredients:

- 600g silverside, cut into large pieces (about double or triple the size of regular stewing meat)
- 250ml white wine
- 375ml beer
- 50g tomato paste
- 15g salt
- 40g paprika
- 20g ground allspice
- 2 bay leaves
- 1 cinnamon stick
- 3 cloves garlic, minced
- 2 medium onions, diced
- 1 litre of beef stock
- 500g white potatoes, chopped into large pieces
- Fresh chopped parsley for garnish



Serves
4



Preparation time:
30 minutes with 1 hour
for marinating



Cooking time:
1 hour 45 minutes

Method:

Marinate:

1. In a mixing bowl, combine the white wine, beer, tomato paste, salt, paprika, ground allspice and bay leaves. Mix until well combined.
2. Add the chunks of beef and cinnamon stick to the marinade, ensuring they are fully coated. Cover and marinate for at least one hour in the refrigerator.

Cook:

3. Add the marinated beef and marinade to a large pot, along with the diced onions and minced garlic. Bring the mixture to a slow simmer over a medium heat, then reduce the heat and cover with a lid. Allow to simmer for 30 minutes with the lid on.
4. After 30 minutes, remove the lid and add 1 litre beef stock to the pot. Cover the pot again and simmer for an additional hour, or until the beef is tender and the flavours have infused.
5. Once the beef is tender, uncover the pot and add the chopped potatoes. Cover the pot and continue to simmer for 30 minutes, or until the potatoes are cooked through and tender.

Serve:

6. Once the stew is ready, remove the cinnamon stick and bay leaves. Serve the Azores Beef Stew hot, garnished with fresh parsley.

**ENJOY YOUR TRADITIONAL AZORES
BEEF STEW WITH POTATOES!**



Fred. Olsen Cruise Lines



THE NO-FLY FESTIVE ESCAPES SALE

San Sebastian, La Gomera



Alta, Norway



FREE ON BOARD SPEND OF UP TO £420*

EXCLUSIVE FREE BONUS ON BOARD SPEND OF UP TO £160*

OCEANS MEMBERS SAVE 5%[±]

NORTHERN LIGHTS AT CHRISTMAS

14 NIGHTS DEPARTING 22ND DECEMBER 2024

DECEMBER 2024

- Sun 22 Embark *Balmoral* and depart **Southampton**
- Wed 25 ★ **Spend Christmas Day relaxing at sea** ★
- Thu 26 ★ *Crossing the Arctic Circle* ★
Bodø, Norway (arrive early pm)
- Fri 27 **Tromsø, Norway** (overnight)
- Sat 28 **Tromsø, Norway**
- Sun 29 **Alta, Norway**
- Tue 31 **Trondheim, Norway** (arrive early pm – overnight)
★ **New Year's Eve** ★

JANUARY 2025

- Wed 1 **Trondheim, Norway** (depart early am) ★ **New Year's Day** ★
- Thu 2 **Ålesund, Norway**
- Sun 5 Arrive in **Southampton**

Dates not mentioned will be spent relaxing at sea

YOUR EXCLUSIVE ROL CRUISE SALE FARES FROM

CABIN	FULL FARE (PP)	ROL CRUISE FARE (PP)	OCEANS MEMBER FARE (PP)
Interior	£2,499	£2,219	£2,099
Ocean View	£2,899	£2,569	£2,439
Superior Ocean View*	£3,399	£3,189	£3,039
Balcony	£5,499	£4,879	£4,639
Balcony Junior Suite	£5,999	£5,329	£5,059
Premier Suite	£8,199	£7,279	£6,919
Single Interior	£4,499	£4,039	£3,829

JUST A DEPOSIT REQUIRED THEN NOTHING TO PAY UNTIL 2025

*Exclusive On board spend is applicable to Ocean View Cabins and above.

CANARY ISLANDS CHRISTMAS WITH LISBON IN THE NEW YEAR

13 NIGHTS DEPARTING 22ND DECEMBER 2025

DECEMBER 2025

- Mon 22 Embark *Borealis* and depart **Portsmouth**
- Thu 25 ★ **Spend Christmas Day relaxing at sea** ★
- Fri 26 **Funchal, Madeira**
- Sat 27 **San Sebastian, La Gomera** (arrive early pm – depart late night)
- Sun 28 **Santa Cruz, Tenerife**
- Mon 29 **Arrecife, Lanzarote**
- Wed 31 *Cruising by Belém Tower, Lisbon, Monument to the Discoveries, Christ the King statue, cruising under 25th April Bridge*
Lisbon, Portugal (overnight) ★ **New Year's Eve** ★

JANUARY 2026

- Thu 1 **Lisbon, Portugal** (depart early am) ★ **New Year's Day** ★
- Fri 2 **La Coruña, Spain**
Cruising by the Tower of Hercules
- Sun 4 Arrive in **Portsmouth**

Dates not mentioned will be spent relaxing at sea

YOUR EXCLUSIVE ROL CRUISE SALE FARES FROM

CABIN	FULL FARE (PP)	ROL CRUISE FARE (PP)	OCEANS MEMBER FARE (PP)
Interior	£2,499	£2,419	£2,299
Ocean View	£2,899	£2,839	£2,699
Superior Ocean View*	£3,299	£3,229	£3,069
Terrace	£4,699	£4,599	£4,369
Balcony Junior Suite	£5,699	£5,589	£5,299
Premier Suite	£7,499	£7,269	£6,899
Single Interior	£4,199	£4,079	£3,869

JUST A DEPOSIT REQUIRED THEN NOTHING TO PAY UNTIL 2025

TO BOOK, CALL TODAY FREE ON 0808 239 8070 AND QUOTE 'BHB0424'.

Fred. Olsen Special 2024



Are you a Solo Traveller looking for a great value cruise holiday?

Look no further than ROL Cruise, the UK's No. 1 Independent Cruise Specialist. Switch your subscription today and receive incredible Solo Traveller promotions, including:

- ✓ No or Low Single Supplement to thousands of destinations across all seven continents
- ✓ Exclusive promotions just for you
- ✓ Earn exclusive Cruise Miles® with every booking – enabling you to save even more on future bookings

A solo cruise is an ideal getaway for adventurers, offering a safe and secure environment in which to visit exciting new destinations, experience different cultures and make lifelong friends with individuals who share a passion for travel.

When booking with ROL Cruise you can rest assured you are getting the very best deal.



To book, please call today **FREE** on **0808 239 8070**.
We are open Monday to Sunday 8.30am – 8pm.

www.rolcruise.co.uk



Prices are per person based on two adults sharing, except single cabins, may increase or be withdrawn at any time. Offers apply to new bookings only. Ports may require a tender. **The Olsen Way Promise excludes Party Nights and cruises for 4 or less nights. The promise only applies to bookings made for departures more than 12 weeks ahead. The Olsen Way Promise only applies to passengers who have contracted with FOCL and excludes cruises on vessels operated by FOCL but booked through third Party operators. Should you wish to invoke the Olsen Way Promise, you will need to inform Guest Relations within 48 hours of the vessel's departure from the original port of embarkation at the latest. FOCL will arrange and pay for a flight and/or transport back to the UK. FOCL will refund the cruise cost only but will not refund other costs. ++Subject to the cruise line's T&Cs. *Subject to availability. †Denotes obstructed view. *On board spend is per cabin. ‡Savings are based on two adults sharing & Oceans Members discount is tiered depending on membership level. Oceans Members discount is applied to some pricing as advertised. +Free gift is based on one per booking, for UK mainland addresses only. Northern Lights and fireworks sightings are not guaranteed. Wildlife sightings are not guaranteed. #Car parking is based on one space for the duration of the cruise. **Door-to-door transfer service is one transfer (each way) per booking (on selected sailings only), up to a maximum of 200 UK mainland miles for all guests, from the lead guest address. Outbound and inbound mileage cannot be combined should you only require a one-way transfer. Additional miles can be purchased at a supplement. Guests may be required to share the transport for all or part of the journey. **Will incur an additional charge. Shore Tours and some other destination experiences are subject to availability and change and may be unsuitable for guests with mobility restrictions. **Cruise Miles® T&Cs apply. Fred. Olsen Cruise Lines (ATOL 5016) and Reader Offers Limited Agency terms of business apply. For full ROL Cruise T&Cs and booking conditions visit www.rolcruise.co.uk. If you would prefer not to receive marketing communications from us, please contact us in writing, by phone on 0800 251 1134 or by email to unsubscribe@rolcruise.co.uk, quoting your full name, address and postcode. E&OE.